

National Study of Caregiving

Section HE [HEALTH]

Sequence: 6

HE1 che7health C7 HE1 GENERAL HEALTH

QUESTION TEXT:

Would you say that in general, your health is excellent, very good, good, fair, or poor?

CODES

| | |
|---|------------|
| 1 | EXCELLENT |
| 2 | VERY GOOD |
| 3 | GOOD |
| 4 | FAIR |
| 5 | POOR |
| | REFUSED |
| | DON'T KNOW |

| | | |
|-----|--------------|----------------------------------|
| HE2 | che7hrtattck | C7 HE2A HAD HEART ATTACK |
| | che7othheart | C7 HE2B HAD HEART DISEASE |
| | che7highbld | C7 HE2C HAD HIGH BLOOD PRESS |
| | che7arthrits | C7 HE2D HAD ARTHRITIS |
| | che7osteopr | C7 HE2E HAD OSTEOPOROSIS |
| | che7diabetes | C7 HE2F HAD DIABETES |
| | che7lungdis | C7 HE2G HAD LUNG DISEASE |
| | che7cancer | C7 HE2H HAD CANCER |
| | che7seeing | C7 HE2I HAD SERIOUS DIFF SEEING |
| | che7hearing | C7 HE2J HAD SERIOUS DIFF HEARING |

DISPLAY INSTRUCTIONS:

Use "Same Question Stem" display.
If at HE2a, do not display question text in brackets.
Otherwise, display question text in brackets.

QUESTION TEXT:

{{ I will read a list of some diseases that a doctor may have said you have. Please tell me if a doctor ever told you that you had... {{

{variable text [a-j]}

RESPONSE [1] a. a heart attack or myocardial infarction?
RESPONSE [2] b. any other heart disease including angina or congestive heart failure?
RESPONSE [3] c. high blood pressure or hypertension?
RESPONSE [4] d. arthritis?
RESPONSE [5] e. osteoporosis or thinning of the bones?
RESPONSE [6] f. diabetes?
RESPONSE [7] g. lung disease, such as emphysema, asthma, or chronic bronchitis?
RESPONSE [8] h. cancer?
RESPONSE [9] i. serious difficulty seeing?
RESPONSE [10] j. serious difficulty hearing?

CODES

| | |
|---|-----|
| 1 | YES |
| 2 | NO |

REFUSED
DON'T KNOW

PROGRAMMER INSTRUCTIONS:

Array the responses and variable text columns in the panel.
Display 'variable text' in the a-j sequence until all rows have been displayed.

BOX HE3

BOX HE3

NOT ON FILE

If HE2h = 1 (YES, CANCER), go to HE3.
Otherwise, go to HE4PRE.

HE3

che7cncrskin

C7 HE3 CANCER TYPE SKIN CANCER

che7cncrbrst

C7 HE3 CANCER TYPE BREAST CANCER

che7cncrpros

C7 HE3 CANCER TYPE PROSTATE CNCR

che7cncroth

C7 HE3 CANCER TYPE OTHER TYPE

DISPLAY INSTRUCTIONS:

If pre-loaded CG SEX= 2 (MALE), display "prostate cancer," and response code 3.

QUESTION TEXT:

Was that skin cancer, breast cancer, {prostate cancer,} or some other type?

SELECT ALL THAT APPLY

CODES

Code All That Apply

| | | |
|---|--------------------------------|--------|
| 1 | SKIN CANCER | HE4PRE |
| 2 | BREAST CANCER | HE4PRE |
| 3 | {PROSTATE CANCER} | HE4PRE |
| 4 | OTHER TYPE OF CANCER (SPECIFY) | |
| | REFUSED | HE4PRE |
| | DON'T KNOW | HE4PRE |

HE3a

HE3a

NOT ON FILE

QUESTION TEXT:

SPECIFY TYPE OF CANCER

IF NEEDED: What type of cancer was that?

ENTER TEXT

Length 25
REFUSED
DON'T KNOW

HE4PRE

HE4PRE

NOT ON FILE

QUESTION TEXT:

Now I have a few questions about other health problems.

PRESS 1 AND ENTER TO CONTINUE

HE4

che7pain

C7 HE4 PAIN IN LAST MONTH

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, have you been bothered by pain?

CODES

| | | |
|---|------------|-----|
| 1 | YES | |
| 2 | NO | HE6 |
| | REFUSED | HE6 |
| | DON'T KNOW | HE6 |

HE5

che7painlmt

C7 HE5 PAIN OFT LIMITED

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, how often has pain limited your activities? Would you say every day, most days, some days, rarely, or never?

CODES

| | |
|---|------------|
| 1 | EVERY DAY |
| 2 | MOST DAYS |
| 3 | SOME DAYS |
| 4 | RARELY |
| 5 | NEVER |
| | REFUSED |
| | DON'T KNOW |

HE6

che7brethprb

C7 HE6 BREATHING PROBLEMS

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, did you have any breathing problems, including shortness of breath or difficulty breathing?

CODES

| | | |
|---|------------|-----|
| 1 | YES | |
| 2 | NO | HE8 |
| | REFUSED | HE8 |
| | DON'T KNOW | HE8 |

HE7

che7brethlmt

C7 HE7 BREATHING OFT LIMITED

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, how often did your breathing problems limit your activities? Would you say every day, most days, some days, rarely, or never?

CODES

| | |
|---|------------|
| 1 | EVERY DAY |
| 2 | MOST DAYS |
| 3 | SOME DAYS |
| 4 | RARELY |
| 5 | NEVER |
| | REFUSED |
| | DON'T KNOW |

HE8

che7armstr

C7 HE8 LIMITED STRENGTH IN ARMS

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, did you have limited strength or movement in your shoulders, arms, or hands?

CODES

| | | |
|---|------------|------|
| 1 | YES | |
| 2 | NO | HE10 |
| | REFUSED | HE10 |
| | DON'T KNOW | HE10 |

HE9

che7armlmt

C7 HE9 ARM STRENGTH OFT LIMITED

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, how often did this problem with your shoulders, arms or hands limit your activities?

[Would you say every day, most days, some days, rarely, or never?]

CODES

| | |
|---|------------|
| 1 | EVERY DAY |
| 2 | MOST DAYS |
| 3 | SOME DAYS |
| 4 | RARELY |
| 5 | NEVER |
| | REFUSED |
| | DON'T KNOW |

HE10

che7legstr

C7 HE10 LIMITED STRENGTH IN LEGS

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, did you have limited strength in your hips, legs, knees, or feet?

CODES

| | | |
|---|------------|------|
| 1 | YES | |
| 2 | NO | HE12 |
| | REFUSED | HE12 |
| | DON'T KNOW | HE12 |

HE11

che7leglmt

C7 HE11 LEG STRENGTH OFT LIMITED

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, how often did this problem with your hips, legs, knees, or feet limit your activities?

[Would you say every day, most days, some days, rarely, or never?]

CODES

| | |
|---|------------|
| 1 | EVERY DAY |
| 2 | MOST DAYS |
| 3 | SOME DAYS |
| 4 | RARELY |
| 5 | NEVER |
| | REFUSED |
| | DON'T KNOW |

HE12**che7lowenrgy**

C7 HE12 LOW ENERGY IN LAST MONTH

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, did you have low energy or were you easily exhausted?

CODES

| | | |
|---|------------|------|
| 1 | YES | |
| 2 | NO | HE14 |
| | REFUSED | HE14 |
| | DON'T KNOW | HE14 |

HE13**che7energylmt**

C7 HE13 ENERGY OFT LIMITED

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, how often did your low energy or exhaustion limit your activities?

[Would you say every day, most days, some days, rarely, or never?]

CODES

| | |
|---|------------|
| 1 | EVERY DAY |
| 2 | MOST DAYS |
| 3 | SOME DAYS |
| 4 | RARELY |
| 5 | NEVER |
| | REFUSED |
| | DON'T KNOW |

HE14**che7sleeptrb**

C7 HE14 TROUBL FALLNG BACK ASLEP

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, on nights when you woke up before you wanted to get up, how often did you have trouble falling back asleep?

[Would you say every night, most nights, some nights, rarely, or never?]

CODES

| | |
|---|-------------|
| 1 | EVERY NIGHT |
| 2 | MOST NIGHTS |
| 3 | SOME NIGHTS |
| 4 | RARELY |
| 5 | NEVER |
| | REFUSED |
| | DON'T KNOW |

HE15**che7sleepint**

C7 HE15 INTERRUPTED SLEEP

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, how often did helping {SP} cause your sleep to be interrupted?

[Would you say every day, most days, some days, rarely, or never?]

CODES

- 1 EVERY NIGHT
 - 2 MOST NIGHTS
 - 3 SOME NIGHTS
 - 4 RARELY
 - 5 NEVER
- REFUSED
DON'T KNOW

HE16

che7weight

C7 HE16 WEIGHT IN POUNDS

QUESTION TEXT:

How much do you currently weigh?

ENTER WEIGHT IN POUNDS

ENTER NUMBER

Range 65 to 600
Soft Range 90 to 300
REFUSED
DON'T KNOW

HE17a

che7heightft

C7 HE17A HEIGHT IN FEET

QUESTION TEXT:

How tall are you?

ENTER FEET

ENTER NUMBER

Range 3 to 7
Soft Range 4 to 6
REFUSED HE18
DON'T KNOW HE18

HE17b

che7heightin

C7 HE17B HEIGHT INCHES

QUESTION TEXT:

[How tall are you?]

ENTER INCHES

ENTER NUMBER

Range 0 to 11
REFUSED
DON'T KNOW

HE18

che7lost10lb

C7 HE18 IN YR LOST 10 POUNDS

QUESTION TEXT:

Have you lost 10 or more pounds in the last 12 months?

CODES

- 1 YES
 - 2 NO
- REFUSED HE19
DON'T KNOW HE19

HE18a

che7try2lose

C7 HE18A TRYING TO LOSE WEIGHT

QUESTION TEXT:

Were you trying to lose weight?

CODES

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

| | | |
|-------------|---------------------|--------------------------------|
| HE19 | che7moodcher | C7 HE19A CG FELT CHEERFUL |
| | che7moodpcfl | C7 HE19B CG FELT CALM PEACEFUL |
| | che7moodfull | C7 HE19C CG FELT FULL OF LIFE |
| | che7moodbord | C7 HE19D CG FELT BORED |
| | che7moodlone | C7 HE19E CG FELT LONELY |
| | che7moodupst | C7 H319F CG FELT UPSET |

DISPLAY INSTRUCTIONS:

Use "Same Question Stem" display.
 If at HE19a, do not display question text in brackets.
 Otherwise, display question text in brackets.
 Display "the last month" in underlined text.

QUESTION TEXT:

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{{}} Thinking about the last month, how often did you feel... {{}}

{variable text [a-f]}

RESPONSE [1] a. cheerful?
RESPONSE [2] b. calm and peaceful?
RESPONSE [3] c. full of life?
RESPONSE [4] d. bored?
RESPONSE [5] e. lonely?
RESPONSE [6] f. upset?

{{}} Would you say every day, most days, some days, rarely, or never? {{}}
```

CODES

- 1 EVERY DAY
- 2 MOST DAYS
- 3 SOME DAYS
- 4 RARELY
- 5 NEVER
- REFUSED
- DON'T KNOW

PROGRAMMER INSTRUCTIONS:

Array the responses and variable text columns in the panel.
 Display 'variable text' in the a-f sequence until all rows have been displayed.

| | | |
|-------------|---------------------|----------------------------------|
| HE20 | che7fltlin | C7 HE20A CG FELT LITTLE INTERST |
| | che7fltdown | C7 HE20B CG FELT DOWN DEPRESSED |
| | che7fltnervs | C7 HE20C CG FELT NERVOUS ANXIOUS |
| | che7fltworry | C7 HE20D CG FELT UNABLE2STP WRRY |

DISPLAY INSTRUCTIONS:

Use "Same Question Stem" display.
 If at HE20a, do not display question text in brackets.
 Otherwise, display question text in brackets.
 Display "the last month" in underlined text.

QUESTION TEXT:

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{{ Over the last month, how often have you... {{}}

{variable text [a-d]}

RESPONSE [1] a. had little interest or pleasure in doing things?
RESPONSE [2] b. felt down, depressed, or hopeless?
RESPONSE [3] c. felt nervous, anxious, or on edge?
RESPONSE [4] d. been unable to stop or control worrying?

{{}Would you say not at all, several days, more than half the days, or nearly every day?{{}}

```

CODES

- 1 NOT AT ALL
- 2 SEVERAL DAYS
- 3 MORE THAN HALF THE DAYS
- 4 NEARLY EVERY DAY
- REFUSED
- DON'T KNOW

PROGRAMMER INSTRUCTIONS:

Array the responses and variable text columns in the panel.
 Display 'variable text' in the a-d sequence until all rows have been displayed.

HE21

- che7lifemng** C7 HE21A LIFE HAS MEANING PURPOS
- che7feelconf** C7 HE21B CG FEELS CONFIDENT
- che7gaveup** C7 HE21C CG GAVEUP IMPROVNG LIFE
- che7lifegood** C7 HE21D CG LIKES LIVING SITUATN
- che7lifelone** C7 HE21E CG FEELS LONELY
- che7easychng** C7 HE21F CG ADJUSTS CHANG EASILY
- che7rcvrqick** C7 HE21G CG RECOVERS QUICKLY

DISPLAY INSTRUCTIONS:

Use "Same Question Stem" display.
 If at HE21a, do not display question text in brackets.
 Otherwise, display question text in brackets.

QUESTION TEXT:

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{{} Now I'm going to read a few statements.

Think about yourself, and after each statement, please tell me whether you agree strongly, agree somewhat, disagree somewhat, or disagree strongly. {{}}

{variable text [a-g]}

RESPONSE [1] a. My life has meaning and purpose.
RESPONSE [2] b. In general, I feel confident and good about myself.
RESPONSE [3] c. I gave up trying to improve my life a long time ago.
RESPONSE [4] d. I like my living situation very much.
RESPONSE [5] e. I often feel lonely because I have few close friends.
RESPONSE [6] f. I have an easy time adjusting to changes.
RESPONSE [7] g. I get over (recover from) illness and hardship quickly.

```

CODES

- 1 AGREE STRONGLY Section HD
- 2 AGREE SOMEWHAT Section HD
- 3 DISAGREE SOMEWHAT Section HD

4

DISAGREE STRONGLY
REFUSED
DON'T KNOW

Section HD
Section HD
Section HD

PROGRAMMER INSTRUCTIONS:

Array the responses and variable text columns in the panel.

Display 'variable text' in the a-g sequence until all rows have been displayed.
