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## NHATS Round 5

Section PC [PHYSICAL CAPACITY]

Sequence: 15

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**PC1PRE**

**PC1PRE**

NOT ON FILE

**DISPLAY INSTRUCTIONS:**

IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES) DISPLAY "and without {your/his/her}...". DISPLAY TEXT "without" AS BOLD UNDERLINED TEXT.

IF CANE FLAG=1 (YES) AND WALKER FLAG <> 1 (YES), DISPLAY "cane".  
ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker".  
ELSE IF CANE FLAG <> 1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "walker".

**QUESTION TEXT:**

We are interested in whether {you have /SP has} difficulty with physical movements when {you do/he does/she does} them without help from another person {and without {your/his/her}{cane/walker/cane or walker}}.

PRESS 1 AND ENTER TO CONTINUE

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**PC1**

**pc5walk6blks**

R5 PC1 ABLE TO WALK 6 BLOCKS

**DISPLAY INSTRUCTIONS:**

IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES) DISPLAY "and without {your/his/her}...".

DISPLAY TEXT "able" and "6 blocks" and "without" AS BOLD UNDERLINED TEXT

IF CANE FLAG=1 (YES) AND WALKER FLAG <> 1 (YES), DISPLAY "cane".  
ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker".  
ELSE IF CANE FLAG <> 1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "walker".

**QUESTION TEXT:**

In the last month, {were you/was SP} able to... walk 6 blocks, or about half a mile, by {yourself/himself/herself} {and without {your/his/her}{cane/walker/cane or walker}}?

**CODES**

1	YES	PC3
2	NO	
	REFUSED	
	DON'T KNOW	

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**PC2**

**pc5walk3blks**

R5 PC2 ABLE TO WALK 3 BLOCKS

**DISPLAY INSTRUCTIONS:**

IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES) DISPLAY "and without {your/his/her}...".

DISPLAY TEXT "able" and "3 blocks" and "without" AS BOLD UNDERLINED TEXT.

IF CANE FLAG=1 (YES) AND WALKER FLAG <> 1 (YES), DISPLAY "cane".  
ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker".  
ELSE IF CANE FLAG <> 1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "walker".

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] walk 3 blocks by {yourself/himself/herself} {and without {your/his/her} {cane/walker/cane or walker}}?

**CODES**

- 1 YES
- 2 NO  
REFUSED  
DON'T KNOW

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**PC3**

**pc5up2ostair**

R5 PC3 ABLE TO WALK UP 20 STAIRS

**DISPLAY INSTRUCTIONS:**

IF CANE FLAG=1 (YES), DISPLAY "and without {your/his/her} cane".

DISPLAY TEXT "able" and "20 stairs" and "without" AS BOLD UNDERLINED TEXT.

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] walk up 20 stairs (about two flights) by {yourself/himself/herself} {and without {your/his/her} cane}?

**CODES**

- 1 YES PC5
- 2 NO  
REFUSED  
DON'T KNOW

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**PC4**

**pc5up1ostair**

R5 PC4 ABLE TO WALK UP 10 STAIRS

**DISPLAY INSTRUCTIONS:**

DISPLAY QUESTION TEXT "able" and "10 stairs" AND "without" AS BOLD UNDERLINED TEXT.

IF CANE FLAG=1 (YES), DISPLAY "and without {your/his/her} cane".

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] walk up 10 stairs by {yourself/himself/herself} {and without {your/his/her} cane}?

**CODES**

- 1 YES
- 2 NO  
REFUSED  
DON'T KNOW

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**PC5**

**pc5car2opnds**

R5 PC5 ABLE TO CARRY 20 POUNDS

**DISPLAY INSTRUCTIONS:**

IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES), DISPLAY "and without {your/his/her}...". DISPLAY TEXT "without" AS BOLD UNDERLINED TEXT.

IF CANE FLAG=1 (YES) AND WALKER FLAG <> 1 (YES), DISPLAY "cane".

ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker".  
ELSE IF CANE FLAG <> 1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "walker".

DISPLAY TEXT "able" and "20 pounds" AS BOLD UNDERLINED TEXT.

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] lift and carry 20 pounds, or two full bags of groceries, by {yourself/himself/herself} {and without {your/his/her}{cane/walker/cane or walker}}?

**CODES**

1	YES	PC7
2	NO	
	REFUSED	
	DON'T KNOW	

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**PC6**

**pc5car10pnob**

R5 PC6 CARRY A 10 POUND OBJECT

**DISPLAY INSTRUCTIONS:**

IF CANE FLAG=1 (YES) OR WALKER FLAG=1 (YES), DISPLAY "and without {your/his/her}...". DISPLAY TEXT "without" AS BOLD UNDERLINED TEXT.

DISPLAY TEXT "able" and "10 pound" AS BOLD UNDERLINED TEXT.

IF CANE FLAG=1 (YES) AND WALKER FLAG <> 1 (YES), DISPLAY "cane".  
ELSE IF CANE FLAG=1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "cane or walker".  
ELSE IF CANE FLAG <> 1 (YES) AND WALKER FLAG=1 (YES), DISPLAY "walker".

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] lift and carry a 10-pound object by {yourself/himself/herself} {and without {your/his/her}{cane/walker/cane or walker}}?

**CODES**

1	YES	
2	NO	
	REFUSED	
	DON'T KNOW	

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**PC7**

**pc5geonknees**

R5 PC7 ABLE TO GET DOWN ON KNEES

**DISPLAY INSTRUCTIONS:**

DISPLAY TEXT "able" AS BOLD UNDERLINED TEXT.

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] get down on {your/his/her} knees and get back up without holding on to anyone or anything?

**CODES**

1	YES	PC9
2	NO	
	REFUSED	
	DON'T KNOW	

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**PC8**

**pc5bendover**

R5 PC8 ABLE TO BEND OVER

**DISPLAY INSTRUCTIONS:**

DISPLAY QUESTION TEXT "able" AS BOLD UNDERLINED TEXT.

**QUESTION TEXT:**

[In the last month {were you/was SP} able to... ] bend over without holding on to anyone or anything?

**CODES**

- 1 YES
- 2 NO  
REFUSED  
DON'T KNOW

**PC9**

**pc5hvobvrhd**

R5 PC9 HEAVY OBJECT ABOVE HEAD

**DISPLAY INSTRUCTIONS:**

DISPLAY TEXT "able" IN BOLD UNDERLINED TEXT.

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] put a heavy book or other object on a shelf above {your/his/her} head?

**CODES**

- 1 YES PC11
- 2 NO  
REFUSED  
DON'T KNOW

**PC10**

**pc5rechovrhd**

R5 PC10 ABLE TO REACH OVERHEAD

**DISPLAY INSTRUCTIONS:**

DISPLAY TEXT "able" AS BOLD UNDERLINED TEXT.

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] reach up over {your/his/her} head without holding on to anyone or anything?

**CODES**

- 1 YES
- 2 NO  
REFUSED  
DON'T KNOW

**PC11**

**pc5opnjarwhd**

R5 PC11 OPEN SEALED JAR W HANDS

**DISPLAY INSTRUCTIONS:**

DISPLAY TEXT "able" AS BOLD UNDERLINED TEXT.

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to... ] open a sealed jar using just {your/his/her} hands?

**CODES**

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

SECTION CP

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**PC12**

**pc5grpsmobj**

R5 PC12 ABLE GRASP SMALL OBJECTS

**DISPLAY INSTRUCTIONS:**

DISPLAY "able" IN BOLD UNDERLINED TEXT.

**QUESTION TEXT:**

[In the last month, {were you/was SP} able to ... ] use {your/his/her} fingers to grasp or handle small objects?

**CODES**

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

**PROGRAMMER INSTRUCTIONS:**

Go to Section CP – Cognition (Proxy)

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