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## NHATS Round 5

Section SC [SELF-CARE ACTIVITIES]

Sequence: 22

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SC1PRE

SC1PRE

NOT ON FILE

**DISPLAY INSTRUCTIONS:**

If DECEASED flag = 1 (YES), display “SP ate”.  
Otherwise, display “you eat/SP eats”.

Now I have a few questions about how {{you eat/SP eats}/SP ate}.

PRESS 1 AND ENTER TO CONTINUE

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SC1

sc5eatdev

R5 SC1 EVER USE ADAPTED UTENSILS

**DISPLAY INSTRUCTIONS:**

Display “adapted” in bold underlined text.

If DECEASED flag = 1 (YES), display “of {his/her} life”.

**QUESTION TEXT:**

In the last month {of {his/her} life}, did {you/SP} ever use adapted utensils to help {you/{him/her}} eat or cut {your/{his/her}} food?

IF NEEDED: Adapted utensils include things like easy-to-grip silverware, knives that rock, and plates with high sides.

**CODES**

- 1 YES
  - 2 NO
  - 7 ALWAYS FED THROUGH OR TUBE  
REFUSED  
DON'T KNOW
- 

BOX SC2

BOX SC2

NOT ON FILE

If SC1 = 7 (FEEDING TUBE), go to SC7PRE.

Else if DECEASED flag = 1 (YES), go to SC3.

Else if SC1 = 1 (YES), go to SC2.

Otherwise, go to SC3.

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SC2

sc5eatdevoft

R5 SC2 OFTEN USE ADAPTED UTENSILS

**QUESTION TEXT:**

SHOW CARD SC1

Did {you/SP} use adapted utensils every time {you/{he/she}} had a meal, most times, sometimes, or rarely?

**CODES**

- 1 EVERY TIME
- 2 MOST TIMES
- 3 SOMETIMES
- 4 RARELY
- REFUSED
- DON'T KNOW

**SC3**

sc5eathlp

R5 SC3 DID ANYONE HELP YOU EAT

**DISPLAY INSTRUCTIONS:**

If FACILITY flag = 1 (YES), display "a staff person from the place where {you live/{he/she}{lives/lived}","  
If DECEASED flag = 1 (YES), display "of {his/her} life" and "lived".  
Otherwise, display "lives".

**QUESTION TEXT:**

In the last month {of {his/her} life}, did anyone ever help {you/SP} eat, for instance, by cutting up food or feeding {you/{him/her}}?

IF NEEDED: This includes family, friends, {a staff person from the place where {you live/{he/she}{lives/lived}}, or someone paid to help {you/{him/her}}.

**CODES**

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

**BOX SC3A**

BOX SC3A

NOT ON FILE

If SC3=1 (YES), go to SC3a.

Else if DECEASED flag=1 (YES), go to SC7PRE.

Otherwise, go to SC5.

**SC3A**

op5eathlp

R5 SC3A HELPS SP WITH EATING

op5relatnshp

R5 RELASHIP TO SP UPDATE AND NEW

**DISPLAY INSTRUCTIONS:**

Display HELPER RELATIONSHIP CODES.

Display PERSON ROSTER with FIRST NAME, LAST NAME, and RELATIONSHIP TO SP. Allow entry for FIRST NAME, LAST NAME, and RELATIONSHIP TO SP fields.

If FACILITY flag = 1 (YES) or RETIREMENTCOMMUNITY flag = 1 (YES), display SERVICE/SOMEONE FROM THE PLACE SP LIVES/DIED on the PERSON ROSTER.

Display "first" and "last" in underlined text.

**QUESTION TEXT:**

Who helped {you/SP} eat?

PROBE: Anyone else?

SELECT ALL THAT APPLY

IF PERSON NAMED IS NOT ON THE ROSTER, PRESS CTRL/P TO ADD A PERSON.

SC3b. [What is (his/her) first name?] CONFIRM SPELLING

SC3c. [What is (his/her) last name?] CONFIRM SPELLING

SC3d. [What is (his/her) relationship to {you/SP}?] PRESS F1 FOR HELP SCREEN

**CODES**

- |    |   |
|----|---|
| 2  | SPOUSE/PARTNER                                      |
| 3  | DAUGHTER  |
| 4  | SON   |
| 5  | DAUGHTER-IN-LAW                                     |
| 6  | SON-IN-LAW  |
| 7  | STEPDAUGHTER  |
| 8  | STEPSON   |
| 9  | SISTER  |
| 10 | BROTHER   |
| 11 | SISTER-IN-LAW                                       |
| 12 | BROTHER-IN-LAW                                      |
| 13 | MOTHER  |
| 14 | STEPMOTHER  |
| 15 | MOTHER-IN-LAW                                       |
| 16 | FATHER  |
| 17 | STEPFATHER  |
| 18 | FATHER-IN-LAW                                       |
| 19 | GRANDDAUGHTER                                       |
| 20 | GRANDSON  |
| 21 | NIECE   |
| 22 | NEPHEW  |
| 23 | AUNT  |
| 24 | UNCLE   |
| 25 | COUSIN  |
| 26 | STEPDAUGHTER'S SON/DAUGHTER                         |
| 27 | STEPSON'S SON/DAUGHTER                              |
| 28 | DAUGHTER-IN-LAW'S SON/DAUGHTER                      |
| 29 | SON-IN-LAW'S SON/DAUGHTER                           |
| 30 | BOARDER/RENTER                                      |
| 31 | PAID AIDE/HOUSEKEEPER/EMPLOYEE                      |
| 32 | ROOMMATE  |
| 33 | EX-WIFE/EX-HUSBAND                                  |
| 34 | BOYFRIEND/GIRLFRIEND                                |
| 35 | NEIGHBOR  |
| 36 | FRIEND  |
| 37 | SOMEONE/SERVICE AT THE PLACE SP LIVES/LIVED         |
| 38 | CO-WORKER   |
| 39 | MINISTER, PRIEST, OR OTHER CLERGY                   |
| 40 | PSYCHIATRIST, PSYCHOLOGIST, COUNSELOR, OR THERAPIST |
| 91 | OTHER RELATIVE                                      |
| 92 | OTHER NONRELATIVE                                   |

**PROGRAMMER INSTRUCTIONS:**

For each roster selection/addition at SC3, set HELPSWITHEATING flag = 1 (yes).

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**BOX SC4**

**BOX SC4**

**NOT ON FILE**

If DECEASED flag=1 (YES), go to SC7PRE.

Otherwise, go to SC4.

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**SC4**

**sc5eatslfoft**

R5 SC4 HOW OFTEN EAT BY YOURSELF

**DISPLAY INSTRUCTIONS:**

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

**QUESTION TEXT:**

SHOW CARD SC2

In the last month when {you/SP} ate, how often did {you/{he/she}} do this by {yourself/{himself/herself}} and without help? Would you say most times, sometimes, rarely, or never?

**CODES**

1	MOST TIMES	
2	SOMETIMES	
3	RARELY	
4	NEVER	BOX SC6
	REFUSED	BOX SC6
	DON'T KNOW	BOX SC6

---

**SC5**

**sc5eatsldif**

R5 SC5 DIFFICULTY EATING BY SELF

**DISPLAY INSTRUCTIONS:**

If SC1 = 1 (used adapted utensils), display "when {you/SP} used adapted utensils,".

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

**QUESTION TEXT:**

In the last month, {when {you/SP} used adapted utensils,} how much difficulty did {you/{he/she}} have eating by {yourself/{himself/herself}} and without help? Would you say none, a little, some, or a lot?

**CODES**

1	NONE	
2	A LITTLE	
3	SOME	
4	A LOT	
	REFUSED	
	DON'T KNOW	

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**BOX SC6**

**BOXSC6**

NOT ON FILE

If SC3 = 2 (no help with eating) and SC5 = 1 (no difficulty eating), go to SC7PRE.

Otherwise, go to SC6.

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**SC6**

**sc5eatwout**

R5 SC6 GO WOUT EAT BECSE NO HELP

**DISPLAY INSTRUCTIONS:**

If SC4 = 4 (never ate by self w/out help), display “no one was there to help”

Otherwise, display “it was too difficult to feed {yourself/{himself/herself}}”.

**QUESTION TEXT:**

In the last month, did {you/SP} ever go without eating because {no one was there to help/it was too difficult to feed {yourself/{himself/herself}}}?

**CODES**

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

**SC7PRE**

SC7PRE

NOT ON FILE

**DISPLAY INSTRUCTIONS:**

If DECEASED flag = 1 (YES), display “SP got”.  
Otherwise, display “you get/SP gets”.

Now I have a few questions about how {{you get/SP gets}/SP got} cleaned up.

PRESS 1 AND ENTER TO CONTINUE

**SC7**

sc5showrbat1

R5 SC7 SP SHOWERED

sc5showrbat2

R5 SC7 SP TOOK BATHS IN A TUB

sc5showrbat3

R5 SC7 SP WASHED SOME OTHR WAY

**DISPLAY INSTRUCTIONS:**

If DECEASED flag = 1 (YES), display “of {his/her} life” and “{he/she} took”.

Otherwise, display “you take/{he/she} takes”.

**QUESTION TEXT:**

In the last month {of {his/her} life}, how did {you/SP} usually clean {yourself/himself/herself} up? By taking a shower, bathing in a tub, or washing up some other way?

IF NEEDED: Do not include whirlpool baths {you take/{he/she} takes}/{he/she} took} for therapy.

SELECT ALL THAT APPLY

**CODES**

**Code All That Apply**

- 1 SHOWERED
- 2 TOOK BATHS IN A TUB
- 3 WASHED UP SOME OTHER WAY
- REFUSED
- DON'T KNOW

**PROGRAMMER INSTRUCTIONS:**

If SC7 = 1 (showered) and SC7 ≠ 2 (took baths) and SC7 ≠ 3 (washed up), set SHOWERING flag = 1 (yes).  
If SC7 = 2 (took baths) and SC7 ≠ 1 (showered) and SC7 ≠ 3 (washed up), set TAKINGBATHS flag = 1 (yes).  
If SC7 = 3 (washed up) and SC7 ≠ 1 (showered) and SC7 ≠ 2 (took baths), set WASHINGUP flag = 1 (yes).

**BOX SC7A**

BOX SC4A

NOT ON FILE

If DECEASED flag = 1 (YES) and SC7 = 1 (SHOWERED), 2 (BATHS), or 3 (WASH OTHER WAY), go to SC7A.

Else if DECEASED flag <> 1 (YES) and more than one response to SC7, go to SC8.

Else if DECEASED flag <> 1 (YES) and only one response at SC7, go to BOX SC9.

Otherwise, if SC7 = RF or DK, go to SC16PRE.

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**SC7A****sc5bdevdec**

R5 SC7A USE BATH DEVICE IN LML

**DISPLAY INSTRUCTIONS:**

If SC7=1 display “showering”.

If SC7=2 display “bathing”.

If SC7=3 display “washing up”.

If more than one answer displayed, separate by “or”.

**QUESTION TEXT:**

In the last month of {his/her} life, did {SP} ever use grab bars or a shower or tub seat when {showering/bathing/washing up}?

IF NEEDED: A grab bar is designed to help you steady yourself. It may be attached to the wall or built into the shower or tub. A shower or tub seat is a chair, stool, or bench used in the shower or bathtub. Some seats are placed in the shower or tub, others are built in.

**CODES**

1	YES
2	NO
	REFUSED
	DON'T KNOW

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**SC8****sc5prfrshbth**

R5 SC8 PREFER SHOWR BATH OR OTHR

**DISPLAY INSTRUCTIONS:**

If SC7 = 1 (showered), display “showering” and response option 1.

If SC7 = 2 (took baths), display “taking baths” and response option 2.

If SC7 = 3 (washed up), display “washing up some other way” and response option 3.

Display “or” between methods of cleaning up.

**QUESTION TEXT:**

In the last month, which did {you/SP} do most often: {showering / taking baths / washing up some other way}?

**CODES**

1	SHOWERING
2	TAKING BATHS
3	WASHING UP SOME OTHER WAY

**PROGRAMMER INSTRUCTIONS:**

If SC8 = 1 (showering), set SHOWERING flag = 1 (yes).

If SC8 = 2 (taking baths), set TAKINGBATHS flag = 1 (yes).

If SC8 = 3 (washing up), set WASHINGUP flag = 1 (yes).

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**BOX SC9****BOXSC9**

NOT ON FILE

If BATHGRABBAR = 1 (yes) and [SHOWERING flag = 1 (yes) or TAKINGBATHS flag = 1 (yes)], go to SC9.  
Otherwise, go to BOX SC10.

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**SC9****sc5scusgrbrs**

R5 SC9 HOW OFTEN USE GRAB BARS

**DISPLAY INSTRUCTIONS:**

If SHOWERING flag = 1 (yes), display “showered”.  
If TAKINGBATHS flag = 1 (yes), display “took a bath”.

**QUESTION TEXT:**

SHOW CARD SC3

In the last month, did {you/SP} use grab bars every time {you/{he/she}} {showered/ took a bath}, most times, sometimes, rarely, or never?

IF NEEDED: A grab bar is designed to help you steady yourself. It may be attached to the wall or built into the shower or tub. Do not include towel racks.

**CODES**

- 1 EVERY TIME
- 2 MOST TIMES
- 3 SOMETIMES
- 4 RARELY
- 5 NEVER
- REFUSED
- DON'T KNOW

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**BOX SC10****BOXSC10**

NOT ON FILE

If BATHSEAT flag = 1 (yes) and [SHOWERING flag = 1 (yes) or TAKINGBATHS flag = 1 (yes)], go to SC10.  
Otherwise, go to SC11.

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**SC10****sc5sh tubseat**

R5 SC10 OFTN USE SHOWR TUB SEAT

**DISPLAY INSTRUCTIONS:**

If SHOWERING flag = 1 (yes), display “showered”.  
If TAKINGBATHS flag = 1 (yes), display “took a bath”.

**QUESTION TEXT:**

SHOW CARD SC3

In the last month, did {you/SP} use the shower or tub seat every time {you/{he/she}} {showered/ took a bath}, most times, sometimes, rarely, or never?

IF NEEDED: A shower or tub seat is a chair, stool, or bench used in the shower or bathtub. Some seats are placed in the shower or tub, others are built in.

**CODES**

- 1 EVERY TIME
- 2 MOST TIMES
- 3 SOMETIMES
- 4 RARELY
- 5 NEVER
- REFUSED
- DON'T KNOW

**SC11****sc5bathhlp**

R5 SC11 ANYN HLP SHOWR BATH OTHR

**DISPLAY INSTRUCTIONS:**

If SC7 = 1 (showered) or SHOWERING flag = 1 (YES), display “shower”.  
 If SC7 = 2 (took baths) or TAKINGBATHS flag = 1 (YES), display “take a bath”.  
 If SC7 = 3 (washed up) or WASHINGUP flag = 1 (YES), display “wash up”.  
 If more than one answer displayed, separate by “or”.

If FACILITY flag = 1 (YES), display “a staff person from the place where {you live/{he/she} {lives/lived}}”.  
 If DECEASED flag = 1 (YES), display “of {his/her} life” and “lived”.  
 Otherwise, display “lives”.

**QUESTION TEXT:**

In the last month {of {his/her} life}, did anyone ever help {you/SP} {shower/ take a bath/wash up}?

IF NEEDED: This includes family, friends, {a staff person from the place where {you live/{he/she} {lives/lived}},} or someone paid to help {you/{him/her}}.

**CODES**

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

**BOX SC11A****BOX SC11A**

NOT ON FILE

If SC11=1 (YES), go to SC11a.

Else if DECEASED flag=1 (YES), go to SC16PRE.

Otherwise, go to SC13.

**SC11A****op5bathhlp**

R5 SC11A HELPS SP WITH BATHING

**op5relatnshp**

R5 RELASHIP TO SP UPDATE AND NEW

**DISPLAY INSTRUCTIONS:**

If SHOWERING flag = 1 (yes), display “shower”.  
 If TAKINGBATHS flag = 1 (yes), display “take a bath”.  
 If WASHINGUP flag = 1 (yes), display “wash up”.

Display HELPER RELATIONSHIP CODES.

Display PERSON ROSTER with FIRST NAME, LAST NAME, and RELATIONSHIP TO SP. Allow entry for FIRST NAME, LAST NAME, and RELATIONSHIP TO SP fields.

If FACILITY flag = 1 (YES) or RETIREMENTCOMMUNITY flag = 1 (YES), display SERVICE/SOMEONE FROM THE PLACE SP LIVES/DIED on the PERSON ROSTER.



Display "first" and "last" in underlined text.

**QUESTION TEXT:**

Who helped {you/SP} {shower/take a bath/wash up}?

PROBE: Anyone else?

SELECT ALL THAT APPLY

IF PERSON NAMED IS NOT ON THE ROSTER, PRESS CTRL/P TO ADD A PERSON.

SC11b. [What is (his/her) first name?] CONFIRM SPELLING

SC11c. [What is (his/her) last name?] CONFIRM SPELLING

SC11d. [What is (his/her) relationship to {you/SP}?] PRESS F1 FOR HELP SCREEN

**CODES**

- 2 SPOUSE/PARTNER
- 3 DAUGHTER
- 4 SON
- 5 DAUGHTER-IN-LAW
- 6 SON-IN-LAW
- 7 STEPDAUGHTER
- 8 STEPSON
- 9 SISTER
- 10 BROTHER
- 11 SISTER-IN-LAW
- 12 BROTHER-IN-LAW
- 13 MOTHER
- 14 STEPMOTHER
- 15 MOTHER-IN-LAW
- 16 FATHER
- 17 STEPFATHER
- 18 FATHER-IN-LAW
- 19 GRANDDAUGHTER
- 20 GRANDSON
- 21 NIECE
- 22 NEPHEW
- 23 AUNT
- 24 UNCLE
- 25 COUSIN
- 26 STEPDAUGHTER'S SON/DAUGHTER
- 27 STEPSON'S SON/DAUGHTER
- 28 DAUGHTER-IN-LAW'S SON/DAUGHTER
- 29 SON-IN-LAW'S SON/DAUGHTER
- 30 BOARDER/RENTER
- 31 PAID AIDE/HOUSEKEEPER/EMPLOYEE
- 32 ROOMMATE
- 33 EX-WIFE/EX-HUSBAND
- 34 BOYFRIEND/GIRLFRIEND
- 35 NEIGHBOR
- 36 FRIEND
- 37 SOMEONE/SERVICE AT THE PLACE SP LIVES/LIVED
- 38 CO-WORKER
- 39 MINISTER, PRIEST, OR OTHER CLERGY
- 40 PSYCHIATRIST, PSYCHOLOGIST, COUNSELOR, OR THERAPIST
- 91 OTHER RELATIVE

**PROGRAMMER INSTRUCTIONS:**

For each roster selection/addition at SC11, set HELPSWITHBATHING flag = 1 (YES).

**BOX SC12****BOX SC12**

NOT ON FILE

If DECEASED flag = 1 (YES), go to SC16PRE.

Otherwise, go to SC12.

**SC12****sc5bathoft**

R5 SC12 HOW OFTEN BATHE YOURSELF

**DISPLAY INSTRUCTIONS:**

If SHOWERING flag = 1 (yes), display “showered”.

If TAKINGBATHS flag = 1 (yes), display “took a bath”.

If WASHINGUP flag = 1 (yes), display “washed up”.

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

**QUESTION TEXT:**

SHOW CARD SC2

In the last month, when {you/SP}{showered/ took a bath/ washed up}, how often did {you/{he/she}} do this by {yourself/{himself/herself}} and without help? Would you say most times, sometimes, rarely, or never?

**CODES**

1	MOST TIMES	
2	SOMETIMES	
3	RARELY	
4	NEVER	SC14
	REFUSED	SC14
	DON'T KNOW	SC14

**SC13****sc5bathdif**

R5 SC13 DIFF USING BARS OR SEATS

**DISPLAY INSTRUCTIONS:**

If SC9 = 1, 2, 3, or 4 (used bath grab bars every time, most times, sometimes, or rarely) or SC10 = 1, 2, 3, or 4 (used bath seat every time, most times, sometimes, or rarely), display “{when {you/SP} used {your/{his/her}}}”.

If SC9 = 1, 2, 3, or 4 and SC10 = 1, 2, 3, or 4, display “grab bars or shower or tub seat”.

Else if SC9 = 1, 2, 3, or 4, display “grab bars”.

Else if SC10 = 1, 2, 3, or 4, display “shower or tub seat”.

If SHOWERING flag = 1 (yes), display “showering”.

If TAKINGBATHS flag = 1 (yes), display “taking a bath”.

If WASHINGUP flag = 1 (yes), display “washing up”.

If SC9 = 1, 2, 3, or 4, display “A grab bar is designed to help you steady yourself. It may be attached to the wall or built into the shower or tub. Do not include towel racks.”

If SC10 = 1, 2, 3, or 4, display “A shower or tub seat includes a chair, stool, or bench used in the shower or bathtub. Some seats are placed in the shower or tub, others are built in.”

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

**QUESTION TEXT:**

In the last month, {when {you/SP} used {your/{his/her}}}{grab bars/shower or tub seat/grab bars or shower or tub seat} how much difficulty did {you/{he/she}} have {showering/ taking a bath/ washing up} by {yourself/{himself/herself}} and without help? Would you say none, a little, some, or a lot?

IF NEEDED: {A grab bar is designed to help you steady yourself. It may be attached to the wall or built into the shower or tub. Do not include towel racks.} {A shower or tub seat includes a chair, stool, or bench used in the shower or bathtub. Some seats are placed in the shower or tub, others are built in.}

**CODES**

- 1 NONE
- 2 A LITTLE
- 3 SOME
- 4 A LOT
- REFUSED
- DON'T KNOW

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**SC14**

**sc5bathyrgo**

R5 SC14 BATHE MRE OFT THN YR AGO

**DISPLAY INSTRUCTIONS:**

If SHOWERING flag = 1 (yes), display “shower”.  
If TAKINGBATHS flag = 1 (yes), display “take baths”.  
If WASHINGUP flag = 1 (yes), display “wash up”.

DISPLAY "a year ago" IN BOLD UNDERLINED TEXT

**QUESTION TEXT:**

Compared to a year ago, {do you/does SP} now {shower/ take baths/ wash up} more often, less often, or about the same?

**CODES**

- 1 MORE OFTEN
- 2 LESS OFTEN
- 3 SAME
- REFUSED
- DON'T KNOW

---

**BOX SC15**

**BOXSC15**

NOT ON FILE

If SC11 = 2 (no help cleaning up) and SC13 = 1 (no difficulty cleaning up), go to SC16PRE.

Otherwise go to SC15.

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**SC15**

**sc5bathwout**

R5 SC15 EVER GO WITHOUT WASHING

**DISPLAY INSTRUCTIONS:**

If SC12 = 4 (never cleaned up by self), display “no one was there to help”.

Otherwise, display “it was too difficult to do that by {yourself/{himself/herself}}”.

If SHOWERING flag = 1 (yes), display “showering”.

If TAKINGBATHS flag = 1 (yes), display “taking a bath”.

If WASHINGUP flag = 1 (yes), display “washing up”.

**QUESTION TEXT:**

In the last month, did {you/SP} ever go without {showering/ taking a bath/ washing up} because {no one was there to help /it was too difficult to do that by {yourself/{himself/herself}}?

**CODES**

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

---

**SC16PRE**

**SC16PRE**

**NOT ON FILE**

**QUESTION TEXT:**

Now I have a few questions about using the toilet.

IF NEEDED: These questions may seem a bit personal, but they are very important for research on aging and health trends.

PRESS 1 AND ENTER TO CONTINUE

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**SC16**

**sc5usvartoi1**

R5 SC16 SP USED PORTABLE COMMODO

**sc5usvartoi2**

R5 SC16 SP USED PADS UNDERGMT

**sc5usvartoi3**

R5 SC16 USED GRABBARS FR TOILET

**sc5usvartoi4**

R5 SC16 USED RAISED TOILET SEAT

**DISPLAY INSTRUCTIONS:**

Use "Same Question Stem" display for SC16 [a-d]

DISPLAY "In the last month" IN BOLD UNDERLINED TEXT

If at SC16a, do not display question text in brackets.  
Otherwise, display question text in brackets.

For SC16a, if IS3 = 1 (SP is male), display “, portable urinal”.  
For SC16d, if IS3 = 1 (SP is male), display “, portable urinals”.

If TOILETGRABBAR flag = 1 (yes) or DECEASED flag=1 (YES), display variable text {c}.  
If RAISEDTOILET flag = 1 (yes) or DECEASED flag=1 (YES), display variable text {d}.

If DECEASED flag = 1 (YES), display “of {his/her} life” and “did SP ever use”.  
Otherwise, display “{have you/has SP} ever used”.

**QUESTION TEXT:**

{[}In the last month {of {his/her} life}, {[have you/has SP} ever used}/{did SP ever use}{]}

{variable text [a-d]}

RESPONSE [1] a. a portable commode { portable urinal,} or bedpan?

RESPONSE [2] b. disposable pads or undergarments to help prevent accidentally wetting or soiling {your/{his/her}} clothes?

{RESPONSE [3] c. grab bars around the toilet?  
IF NEEDED: A grab bar is designed to help you steady yourself. It may be attached to the wall or part of a frame that goes over the toilet. Do not include towel racks.}

{RESPONSE [4] d. a raised toilet or raised toilet seat?  
IF NEEDED: This includes a toilet seat that is elevated higher than usual, either because the toilet or the seat is raised, or a seat with arms that fits over the toilet. Do not include portable commodes {portable urinals,} or bedpans.}

**CODES**

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

**PROGRAMMER INSTRUCTIONS:**

Array the responses and variable text columns in the panel.  
Display 'variable text' in the a-d sequence until all rows have been displayed.

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**SC17**

**sc5toilhp**

R5 SC17 ANYON HLP YOU USE TOILET

**DISPLAY INSTRUCTIONS:**

If FACILITY flag = 1 (YES), display "a staff person from the place where {you live/{he/she} {lives/lived}}".  
If DECEASED flag = 1 (YES), display "of {his/her} life" and "lived".  
Otherwise, display "lives".

**QUESTION TEXT:**

In the last month {of {his/her} life}, did anyone ever help {you/SP} use the toilet?  
IF NEEDED: This includes family, friends, {a staff person from the place where {you live/{he/she} {lives/lived}},} or someone paid to help {you/{him/her}}.

**CODES**

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

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**BOX SC17A**

**BOX SC171**

NOT ON FILE

If SC17 = 1 (YES), go to SC17A.  
Else if DECEASED flag = 1 (YES), go to SC21PRE.  
Otherwise, go to SC19.

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**SC17A**

**op5toilhp**

R5 SC17A HELPS SP WITH TOILETING

**op5relatnshp**

R5 RELASHIP TO SP UPDATE AND NEW

**DISPLAY INSTRUCTIONS:**

Display HELPER RELATIONSHIP CODES.

Display PERSON ENTRY with FIRST NAME, LAST NAME, and RELATIONSHIP TO SP. Allow entry for FIRST NAME, LAST NAME, and RELATIONSHIP TO SP fields.

If FACILITY flag = 1 (YES) or RETIREMENTCOMMUNITY flag = 1 (YES), display SERVICE/SOMEONE FROM THE PLACE SP LIVES/DIED on the PERSON ROSTER.

Display "first" and "last" in underlined text

**QUESTION TEXT:**

Who helped {you/SP} use the toilet?

PROBE: Anyone else?

SELECT ALL THAT APPLY

IF PERSON NAMED IS NOT ON THE ROSTER, PRESS CTRL/P TO ADD A PERSON.

SC17b. [What is (his/her) first name?] CONFIRM SPELLING  
SC17c. [What is (his/her) last name?] CONFIRM SPELLING  
SC17d. [What is (his/her) relationship to {you/SP}?] [PRESS F1 FOR HELP SCREEN]

**CODES**

- 2 SPOUSE/PARTNER
- 3 DAUGHTER
- 4 SON
- 5 DAUGHTER-IN-LAW
- 6 SON-IN-LAW
- 7 STEPDAUGHTER
- 8 STEPSON
- 9 SISTER
- 10 BROTHER
- 11 SISTER-IN-LAW
- 12 BROTHER-IN-LAW
- 13 MOTHER
- 14 STEPMOTHER
- 15 MOTHER-IN-LAW
- 16 FATHER
- 17 STEPFATHER
- 18 FATHER-IN-LAW
- 19 GRANDDAUGHTER
- 20 GRANDSON
- 21 NIECE
- 22 NEPHEW
- 23 AUNT
- 24 UNCLE
- 25 COUSIN
- 26 STEPDAUGHTER'S SON/DAUGHTER
- 27 STEPSON'S SON/DAUGHTER
- 28 DAUGHTER-IN-LAW'S SON/DAUGHTER
- 29 SON-IN-LAW'S SON/DAUGHTER
- 30 BOARDER/RENTER
- 31 PAID AIDE/HOUSEKEEPER/EMPLOYEE
- 32 ROOMMATE
- 33 EX-WIFE/EX-HUSBAND
- 34 BOYFRIEND/GIRLFRIEND
- 35 NEIGHBOR
- 36 FRIEND
- 37 SOMEONE/SERVICE AT THE PLACE SP LIVES/LIVED
- 38 CO-WORKER
- 39 MINISTER, PRIEST, OR OTHER CLERGY
- 40 PSYCHIATRIST, PSYCHOLOGIST, COUNSELOR, OR THERAPIST

91 OTHER RELATIVE  
 92 OTHER NONRELATIVE

**PROGRAMMER INSTRUCTIONS:**

For each roster selection/addition at SC17, set HELPSWITHTOILETING flag = 1 (YES).

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**BOX SC18**                      **BOX SC18**                      NOT ON FILE

If DECEASED flag = 1 (YES), go to SC21PRE  
 Otherwise, go to SC18.

---

**SC18**                              **sc5toiloft**                              R5 SC18 OFTEN USE TOILET BY SELF

**DISPLAY INSTRUCTIONS:**

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

**QUESTION TEXT:**

SHOW CARD SC2  
 In the last month, when {you/SP} used the toilet, how often did {you/{he/she}} do this by {yourself/{himself/herself}} and without help? Would you say most times, sometimes, rarely, or never?

**CODES**

1	MOST TIMES	
2	SOMETIMES	
3	RARELY	
4	NEVER	SC20
	REFUSED	SC20
	DON'T KNOW	SC20

---

**SC19**                              **sc5toildif**                              R5 SC19 DIFFICUTY WITH GRAB BARS

**DISPLAY INSTRUCTIONS:**

If SC16c = 1 (used toilet grab bars) or SC16d = 1 (used raised toilet), display "when {you/SP} used the {grab bars/raised toilet or raised toilet seat/grab bars or raised toilet or raised toilet seat},".

If SC16c = 1 (used toilet grab bars) and SC16d = 1 (used raised toilet), display "grab bars or raised toilet or raised toilet seat"

Else if SC16c = 1 (used toilet grab bars), display "grab bars".

Else if SC16d = 1 (used raised toilet), display "raised toilet or raised toilet seat".

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

**QUESTION TEXT:**

In the last month, {when {you/SP} used the} {grab bars/raised toilet or raised toilet seat/grab bars or raised toilet or raised toilet seat}, } how much difficulty did {you/{he/she}} have using the toilet by {yourself/{himself/herself}} and without help? Would you say none, a little, some, or a lot?

**CODES**

1	NONE
---	------

- 2 A LITTLE
- 3 SOME
- 4 A LOT
- REFUSED
- DON'T KNOW

**BOX SC20**

**BOXSC20**

NOT ON FILE

If SC17 = 2 (no help) and SC19 = 1 (no difficulty), go to SC21PRE.

Otherwise go to SC20.

**SC20**

**sc5toilwout**

R5 SC20 ACCIDENT WET SOIL CLTHES

**DISPLAY INSTRUCTIONS:**

If SC18 = 4 (never used toilet by self), display “no one was there to help {you/{him/her}} get to or use the toilet”.

Otherwise, display “it was too difficult to get to or use the toilet by {yourself/{himself/herself}}”.

**QUESTION TEXT:**

In the last month, did {you/SP} ever accidentally wet or soil {your/{his/her}} clothes because {no one was there to help {you/{him/her}} get to or use the toilet/it was too difficult to get to or use the toilet by {yourself/{himself/herself}}}?

**CODES**

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

**SC21PRE**

**SC21PRE**

NOT ON FILE

**DISPLAY INSTRUCTIONS:**

If DECEASED flag = 1 (YES), display “a person”.

Otherwise, display “{you/SP}”.

**QUESTION TEXT:**

The next few questions are about getting dressed. By getting dressed we mean changing out of the clothes {{you/SP}/a person} slept in.

PRESS 1 AND ENTER TO CONTINUE

**SC21**

**sc5dresoft**

R5 SC21 OFTEN YOU GET DRESSED

**DISPLAY INSTRUCTIONS:**

If DECEASED flag = 1 (YES), display “of {his/her} life”.

**QUESTION TEXT:**

SHOW CARD SC4

In the last month {of {his/her} life}, did {you/SP} get dressed every day, most days, some days, rarely, or never?



**CODES**

- 1 EVERY DAY (7 DAYS A WEEK)
- 2 MOST DAYS (5-6 DAYS A WEEK)
- 3 SOME DAYS (2-5 DAYS A WEEK)
- 4 RARELY (ONCE A WEEK OR LESS)
- 5 NEVER  
REFUSED  
DON'T KNOW

**BOX SC22****BOX SC22**

NOT ON FILE

If SC21=1, 2, 3 or 4, go to SC22.

Else if DECEASED flag = 1 (YES), go to Section DS – Duration of Self Care Activities

Otherwise, go to Box SC27.

**SC22****sc5dresdev**

R5 SC22 USE SPECL ITEMS TO DRESS

**DISPLAY INSTRUCTIONS:**

If DECEASED flag = 1 (YES), display “of {his/her} life”.

**QUESTION TEXT:**

In the last month {of {his/her} life}, did {you/SP} use any special items to get dressed, such as a button hook, reacher or grabber, or clothes that are designed to get on and off easily?

**CODES**

- 1 YES
- 2 NO  
REFUSED  
DON'T KNOW

**SC23****sc5dreshlp**

R5 SC23 ANYONE HELP GET DRESSED

**DISPLAY INSTRUCTIONS:**

If IS3 = 2 (SP is female), display “or bra”.

DISPLAY "In the last month" IN BOLD UNDERLINED TEXT

If FACILITY flag = 1 (YES), display “a staff person from the place where {you live/{he/she} {lives/lived}”.

If DECEASED flag = 1 (YES), display “of {his/her} life” and “lived”.

Otherwise, display “lives”.

**QUESTION TEXT:**

In the last month {of {his/her} life}, did anyone ever help {you/SP} get dressed, for instance, by getting clothing over {your/{his/her}} head, helping with clothing behind {your/{his/her}} back like a belt {or bra}, or helping {you/{him/her}} put on socks or shoes?

IF NEEDED: This includes family, friends, {a staff person from the place where {{you live/{he/she} {lives/lived}},} or someone paid to help {you/{him/her}}.

**CODES**

- 1 YES
- 2 NO  
REFUSED  
DON'T KNOW

---

**BOX SC23A****BOX SC23A**

## NOT ON FILE

If SC23 = 1 (YES), go to SC23A.

Else if DECEASED flag = 1 (YES), go to Section DS – Duration of Self Care Activities.

Otherwise, go to SC25.

---

**SC23A****op5dreshlp**

R5 SC23A HELPS SP WITH DRESSING

**op5relatnshp**

R5 RELASHIP TO SP UPDATE AND NEW

**DISPLAY INSTRUCTIONS:**

Display HELPER RELATIONSHIP CODES.

Display PERSON ROSTER with FIRST NAME, LAST NAME, and RELATIONSHIP TO SP. Allow entry for FIRST NAME, LAST NAME, and RELATIONSHIP TO SP fields.

If FACILITY flag = 1 (YES) or RETIREMENTCOMMUNITY flag = 1 (YES), display SERVICE/SOMEONE FROM THE PLACE SP LIVES/DIED on the PERSON ROSTER.

Display "first" and "last" in bold underlined text.

**QUESTION TEXT:**

Who helped {you/SP} get dressed?

PROBE: Anyone else?

SELECT ALL THAT APPLY

IF PERSON NAMED IS NOT ON THE ROSTER, PRESS CTRL/P TO ADD A PERSON.

SC23b. [What is (his/her) first name?] CONFIRM SPELLING

SC23c. [What is (his/her) last name?] CONFIRM SPELLING

SC23d. [What is (his/her) relationship to {you/SP}?] PRESS F1 FOR HELP SCREEN

**CODES**

2	SPOUSE/PARTNER
3	DAUGHTER
4	SON
5	DAUGHTER-IN-LAW
6	SON-IN-LAW
7	STEPDAUGHTER
8	STEPSON
9	SISTER
10	BROTHER
11	SISTER-IN-LAW
12	BROTHER-IN-LAW
13	MOTHER
14	STEPMOTHER
15	MOTHER-IN-LAW
16	FATHER
17	STEPFATHER
18	FATHER-IN-LAW
19	GRANDDAUGHTER
20	GRANDSON

- 21 NIECE
- 22 NEPHEW
- 23 AUNT
- 24 UNCLE
- 25 COUSIN
- 26 STEPDAUGHTER'S SON/DAUGHTER
- 27 STEPSON'S SON/DAUGHTER
- 28 DAUGHTER-IN-LAW'S SON/DAUGHTER
- 29 SON-IN-LAW'S SON/DAUGHTER
- 30 BOARDER/RENTER
- 31 PAID AIDE/HOUSEKEEPER/EMPLOYEE
- 32 ROOMMATE
- 33 EX-WIFE/EX-HUSBAND
- 34 BOYFRIEND/GIRLFRIEND
- 35 NEIGHBOR
- 36 FRIEND
- 37 SOMEONE/SERVICE AT THE PLACE SP LIVES/LIVED
- 38 CO-WORKER
- 39 MINISTER, PRIEST, OR OTHER CLERGY
- 40 PSYCHIATRIST, PSYCHOLOGIST, COUNSELOR, OR THERAPIST
- 91 OTHER RELATIVE
- 92 OTHER NONRELATIVE

**PROGRAMMER INSTRUCTIONS:**

For each roster selection/addition at SC23, set HELPSWITHDRESSING flag = 1 (YES).

---

**BOX SC24**

**BOX SC24**

NOT ON FILE

If DECEASED flag = 1 (YES), go to Section SC - Self-Care Activities.

Otherwise, go to SC24.

---

**SC24**

**sc5dresslf**

R5 SC24 OFTEN YOU DRESS YOURSELF

**DISPLAY INSTRUCTIONS:**

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

**QUESTION TEXT:**

SHOW CARD SC2

In the last month, when {you/SP} got dressed, how often did {you/{he/she}} do this by {yourself/{himself/herself}} and without help? Would you say most times, sometimes, rarely, or never?

**CODES**

- 1 MOST TIMES
- 2 SOMETIMES
- 3 RARELY
- 4 NEVER SC26
- REFUSED SC26
- DON'T KNOW SC26

---

**SC25**

**sc5dresdif**

R5 SC25 DIF WHN US SP ITMS YRS LF

**DISPLAY INSTRUCTIONS:**

If SC22 = 1 (yes, used special items), display “when {you/SP} used special items to help {you/{him/her}} get dressed,”.

DISPLAY "by {yourself/{himself/herself}} and without help" IN BOLD UNDERLINED TEXT

**QUESTION TEXT:**

In the last month, {when {you/SP} used special items to help {you/{him/her}} get dressed, } how much difficulty did {you/{he/she}} have getting dressed by {yourself/{himself/herself}} and without help? Would you say none, a little, some, or a lot?

**CODES**

- 1 NONE
- 2 A LITTLE
- 3 SOME
- 4 A LOT
- REFUSED
- DON'T KNOW

**SC26**

sc5dresyrgo

R5 SC26 HOW OFTN YOU GET DRESSED

**DISPLAY INSTRUCTIONS:**

DISPLAY "a year ago" IN BOLD UNDERLINED TEXT

**QUESTION TEXT:**

Compared to a year ago, {do you/does SP} now get dressed more often, less often, or about the same?

**CODES**

- 1 MORE OFTEN
- 2 LESS OFTEN
- 3 SAME
- REFUSED
- DON'T KNOW

**BOX SC27**

BOXSC27

NOT ON FILE

If SC23 = 2 (did not get help) and SC25 = 1 (no difficulty), go to Section DS – Duration of Self Care Accommodations.

Otherwise go to SC27.

**SC27**

sc5dreswout

R5 SC27 GO WITHOUT GTTNG DRESSED

**DISPLAY INSTRUCTIONS:**

If SC24 = 4 (never dressed by self), display “there was no one there to help”.

Otherwise, display “it was too difficult to dress by {yourself/{himself/herself}}”.

**QUESTION TEXT:**

In the last month, did {you/SP} ever go without getting dressed because {there was no one there to help

/it was too difficult to dress by {yourself/{himself/herself}}?

**CODES**

- 1 YES
- 2 NO
- REFUSED
- DON'T KNOW

**PROGRAMMER INSTRUCTIONS:**

Go to Section DS – Duration of Self Care Accommodations

**Derived Variables from Items in SC Section**

sc5deatdevi	R5 D USES DEVICES WHILE EATING
sc5deathelp	R5 D HAS HELP EATING
sc5deatsfdf	R5 D DIFF EATING BY SELF WO HELP
sc5dbathdevi	R5 D USES DEVICES WHILE BATHING
sc5dbathhelp	R5 D HAS HELP WHILE BATHING
sc5dbathsfdf	R5 D DIFF BATHING SELF NO HELP
sc5dtoildevi	R5 D USES DEVICES WHILE TOILETING
sc5dtoilhelp	R5 D HAS HELP WHILE TOILETING
sc5dtoilsfdf	R5 D DIFF LEVEL TOILETING SELF
sc5dresdevi	R5 D USES DEVICES WHILE DRESSING
sc5dreshelp	R5 D HAS HELP WHILE DRESSING
sc5dressfdf	R5 D DIFF LEVEL DRESSING SELF

**Flag variables set in SC Section**

fl5showering	R5 F SC SP USES SHOWER
fl5takingbth	R5 F SC SP TAKES BATHS
fl5washingup	R5 F SC SP WASHES OTHER WAY