# NHATS Round 2

Section PE [PERFORMANCE] Sequence: 27

PE1PRE PE1PRE NOT ON FILE

Next I would like to ask {you/SP} to try to perform a few simple movements, that is to move {your/{his/her}} body in different ways. Before we start, I need to ask a few questions.

PRESS 1 AND ENTER TO CONTINUE

PE1 pe2whhndsign R2 PE1 HAND USE TO SIGN YOUR NAME

# **QUESTION TEXT:**

Which hand {do you/does SP} use to sign {your/{his/her}} name?

#### **CODES**

1 LEFT
2 RIGHT
3 BOTH
REFUSED
DON'T KNOW

## PROGRAMMER INSTRUCTIONS:

If PE1 = 1, set LEFTHANDED flag = 1 (yes). If PE1 = 2, set RIGHTHANDED flag = 1 (yes). If PE1 = 3, set EITHERHANDED flag = 1 (yes).

PE2 pe2surghdwrt R2 PE2 HAVE SURGRY TO HAND WRIST

## **DISPLAY INSTRUCTIONS:**

Display "in the last 3 months" in bold underlined text.

# **QUESTION TEXT:**

In the last 3 months, that is since {MONTH AND YEAR 3 MONTHS PRIOR TO TODAY'S DATE}, {have you/has SP} had surgery or a serious injury on {your/{his/her}} hand or wrist?

#### **CODES**

 1
 YES

 2
 NO
 PE4

 3
 REFUSED
 PE4

DON'T KNOW PE4

PE3 pe2surgyside R2 PE3 WHICH SIDE WAS SURGERY

# **QUESTION TEXT:**

Which side was that (surgery or serious injury on {your/SP's} hand or wrist)? Was it the left side or right side?

## **CODES**

Page 1 of 7 NHATS Round 2 :: PE 04/08/2019

LEFT SIDE 1

RIGHT SIDE 2

PF8 **BOTH SIDES** 3

> **REFUSED** DON'T KNOW

#### PROGRAMMER INSTRUCTIONS:

If PE3 = 1 (left hand/wrist surgery), set LEFTGRIPTEST flag = 2 (no).

If PE3 = 2 (right hand/wrist surgery), set RIGHTGRIPTEST flag = 2 (no).

If PE3 = 3 (both hands/wrists surgery), set LEFTGRIPTEST flag = 2 (no) and RIGHTGRIPTEST flag = 2 (no).

PE<sub>4</sub> pe2flrupain

R2 PE4 EXPER FLARE UP PAIN HAND

#### **DISPLAY INSTRUCTIONS:**

Display "currently" in bold underlined text.

## **QUESTION TEXT:**

{Are you/Is SP} currently experiencing a flare-up of pain in either hand or wrist?

#### CODES

YES 1

PE<sub>6</sub> 2 NO PE<sub>6</sub> **REFUSED** 3 PE<sub>6</sub> DON'T KNOW

PE<sub>5</sub> pe2sideflrup R2 PE5 SIDE CURRNT FLARE UP PAIN

## **DISPLAY INSTRUCTIONS:**

Display "current" in bold underlined text.

## **QUESTION TEXT:**

Which side is that current flare-up of pain in {your/SP's} hand or wrist? Is it the left side or right side?

# CODES

**LEFT SIDE** 1

**RIGHT SIDE** 2

PE8 **BOTH SIDES** 3

**REFUSED** DON'T KNOW

## PROGRAMMER INSTRUCTIONS:

If PE5 = 1 (left hand/pain flare up), set LEFTGRIPTEST flag = 2 (no).

If PE5 = 2 (right hand/pain flare up), set RIGHTGRIPTEST flag = 2 (no).

If PE5 = 3 (both hands/pain flare ups), set LEFTGRIPTEST flag = 2 (no) and RIGHTGRIPTEST flag = 2 (no).

PE<sub>6</sub> pe2surgarmsh R2 PE6 SURGERY ARM OR SHOULDER

#### **DISPLAY INSTRUCTIONS:**

Display "In the last 3 months" in bold underlined text.

## **QUESTION TEXT:**

In the last 3 months, that is since {MONTH AND YEAR 3 MONTHS PRIOR TO TODAY'S DATE}, {have

Page 2 of 7 NHATS Round 2:: PE

# you/has SP} had surgery or a serious injury on {your/{his/her}} arm or shoulder

#### **CODES**

1 YES

2 NO PE8
REFUSED PE8
DON'T KNOW PE8

PE7 pe2sidsurgar R2 PE7 SIDE SURGERY ARM OR SHLDR

# **QUESTION TEXT:**

Which side was that (surgery or serious injury on {your/SP's} arm or shoulder)? Was it the left side or right side?

#### CODES

1 LEFT SIDE
2 RIGHT SIDE
3 BOTH SIDES
REFUSED
DON'T KNOW

## PROGRAMMER INSTRUCTIONS:

If PE7 = 1 (left arm/shoulder surgery), set LEFTGRIPTEST flag = 2 (no).

If PE7 = 2 (right arm/shoulder surgery), set RIGHTGRIPTEST flag = 2 (no).

If PE7 = 3 (both arms/shoulders surgery), set LEFTGRIPTEST flag = 2 (no) and RIGHTGRIPTEST flag = 2 (no).

PE8 pe2surgyhips R2 PE8 SURG HIPS IN CLUD REPLCMNT

## **DISPLAY INSTRUCTIONS:**

Display "In the last 3 months" in bold underlined text.

## **QUESTION TEXT:**

In the last 3 months, that is since {MONTH AND YEAR 3 MONTHS PRIOR TO TODAY'S DATE}, {have you/has SP} had surgery or a serious injury on {your/{his/her}} hips (including hip replacement surgery)?

# **CODES**

1 YES

2 NO BOX PE11
REFUSED BOX PE11
DON'T KNOW BOX PE11

PE9 pe2sidhipsrg R2 PE9 SIDE WAS HIP SURGERY ON

#### **QUESTION TEXT:**

Was that (surgery or serious injury on {your/SP's} hips) only on one side or on both sides?

## **CODES**

1 ONE SIDE 2 BOTH SIDES REFUSED

#### DON'T KNOW

# PROGRAMMER INSTRUCTIONS:

If PE9 = 2 (both hips surgery), set CHAIRSTANDS flag = 2 (no).

**BOX PE11** 

**BOX PE11** 

NOT ON FILE

If MO24 = 1 (always uses mobility device to get out of bed) or MO26 = 4 (never got out of bed by self), go to PF11.

Otherwise go to BOX PE13.

**PE11** 

pe2stndwhold

R2 PE11 STAND WITHOUT HOLDING ON

#### **DISPLAY INSTRUCTIONS:**

Display "stand without holding onto anyone or anything" in bold underlined text.

## **QUESTION TEXT:**

For a few of the body movements, I will ask {you/SP} to stand without holding onto anyone or anything. I can help {you/{him/her}} get up if {you/{he/she}} would like me to. {Are you/Is SP} able to try this?

#### **CODES**

1 YES 2 NO

> REFUSED DON'T KNOW

#### PROGRAMMER INSTRUCTIONS:

If PE11 = 2 (not able to stand without holding on to anyone/anything), set BALANCESTANDS flag = 2 (no).

**BOX PE12** 

BOX PE<sub>12</sub>

NOT ON FILE

If CHAIRSTANDS flag = 2 (NO), go to PE13. Otherwise, go to PE12.

**PE12** 

pe2upchbyslf

R2 PF12 GFT UP OUT CHAIR BY SFI F

#### **DISPLAY INSTRUCTIONS:**

Display "without" and "by {yourself/{himself/herself}}" in bold underlined text.

If CANE flag = 1 (yes) or WALKER flag = 1 (yes), display "and without {your/{his/her}} {cane/walker/cane or walker}".

If CANE flag = 1 (yes) and WALKER flag is null, display "cane".

If WALKER flag = 1 (yes) and CANE flag is null, display "walker".

If CANE flag = 1 (yes) and WALKER flag = 1 (yes), display "cane or walker".

## **QUESTION TEXT:**

I will also ask {you/SP} to get up out of a chair by {yourself/{himself/herself}} {and without {your/{his/her}} {cane/walker/cane or walker}}. {Are you/Is SP} able to try this?

### **CODES**

Page 4 of 7

1 YES 2 NO

> REFUSED DON'T KNOW

## PROGRAMMER INSTRUCTIONS:

If PE12 = 2 (unable to try getting up from chair without mobility devices/help), set CHAIRSTANDS flag = 2 (no).

# **BOX PE13**

**BOX PE13** 

NOT ON FILE

If MO15 = 1 (used wheelchair every time to get around home/building) or MO16 = 1 (used scooter every time to get around home/building) set WALKING COURSE flag = no(2) and go to PE14.

Otherwise go to PE13.

# **PE13**

pe2wlkdsself

R2 PE13 WALK SHORT DIST BY SELF

#### **DISPLAY INSTRUCTIONS:**

Display "walk a short distance in this room by {yourself/{himself/herself}}" in bold underlined text.

If MO13 = 1,2,3, or 4 (used cane every time, most times, sometimes, or rarely when walking around inside) or MO14 = 1,2,3, or 4 (used walker every time, most times, sometimes, or rarely when walking around inside), display "{You/{He/She}} may use {your/{his/her}} {cane/walker/cane or walker} if {you feel/{he/she} feels} {you need/{he/she} needs} it to walk a short distance."

If MO13 = 1,2,3, or 4 and MO14  $\neq$  1,2,3, or 4, display  $\square$  cane  $\square$ .

If MO14 = 1,2,3, or 4 and MO13  $\neq$  1,2,3, or 4, display  $\square$  walker  $\square$ .

If MO13 = 1,2,3, or 4 and If MO14 = 1,2,3, or 4, display "cane or walker".

## **QUESTION TEXT:**

I will (also) be asking {you/SP} to walk a short distance in this room by {yourself/{himself/herself}}. {{You/{He/She}} may use {your/{his/her}} {cane/walker/cane or walker} if {you feel/{he/she} feels} {you need/{he/she} needs} it to walk a short distance.} {Are you/Is SP} able to try this?

#### **CODES**

1 YES

2 NO

REFUSED DON'T KNOW

### PROGRAMMER INSTRUCTIONS:

If PE13 = 2 (unable to walk short distance), set WALKINGCOURSE flag = 2 (no).

# **PE14**

PE14

NOT ON FILE

#### **DISPLAY INSTRUCTIONS:**

Display "ACTIVITIES TO SET UP AND DEMONSTRATE" in bolded text.

Display grid with 7 rows and 3 columns.

In R1C1, use null display.

In R1C2, display "ACTIVITY" in bolded text.

In R1C3, display "ADMINISTER" in bolded text.

In R2C1, display "1.".

Page 5 of 7

In R2C2, display "BALANCE STANDS".

In R2C3, if BALANCESTANDS flag = 2 (no), set BALANCESTANDSELIG flag = 2 (NO), and display "NO". Otherwise, set BALANCESTANDSELIG flag = 1 (YES), and display "YES".

In R<sub>3</sub>C<sub>1</sub>, display "2.".

In R<sub>3</sub>C<sub>2</sub>, display "WALKING COURSE".

In R<sub>3</sub>C<sub>3</sub>, if WALKINGCOURSE flag = 2 (no), set WALKINGCOURSELIG flag = 2 (NO), and display "NO".

Otherwise, set WALKINGCOURSELIG flag = 1 (YES), and display "YES".

In R4C1, use null display.

In R4C2, use null display. In R4C3:

If WALKINGCOURSELIG flag = 1 (YES) and [MO13 = 2, 3, or 4 (used cane most times, sometimes, or rarely inside) or MO14 = 2, 3, or 4 (used walker most times, sometimes, or rarely inside)], set AIDUSAGE flag = 2 (SOMETIMES), and display "B. SOMETIMES USES CANE/WALKER AROUND HOME".

Else, if WALKINGCOURSELIG flag = 1 (YES) and [MO13 = 1 (used cane every time inside) or MO14 = 1 (used walker every time inside)], set AIDUSAGE flag = 3 (ALWAYS), and display "C. ALWAYS USES CANE/WALKER AROUND HOME".

Otherwise, if WALKINGCOURSELIG flag = 1 (YES), set AIDUSAGE flag = 1 (NEVER), and display "A. DOESN'T USE CANE/WALKER AROUND HOME".

In R5C1, display "3.".

In R5C2, display "CHAIR STANDS".

In R5C3, if CHAIRSTANDS flag = 2 (no), set CHAIRSTANDSELIG flag = 2 (NO), and display "NO".

Otherwise, set CHAIRSTANDSELIG flag = 1 (YES), and display "YES".

In R6C1, display "4.".

In R6C2, display "GRIP STRENGTH".

In R6C3:

If LEFTGRIPTEST flag=2 (no) and RIGHTGRIPTEST flag=2 (no), set GRIPSTRENGTHELIG flag = 3 (NO), and display "NO".

Else if LEFTGRIPTEST flag=2 (no) and RIGHTGRIPTEST flag NE 2 (no), set GRIPSTRENGTHELIG flag = 1 (YES RIGHT), and display "YES RIGHT".

Else if LEFTGRIPTEST flag NE 2 (no) and RIGHTGRIPTEST flag=2 (no), set GRIPSTRENGTHELIG flag = 2 (YES LEFT), and display "YES LEFT".

Else if [LEFTGRIPTEST flag NE 2 (NO) and RIGHTGRIPTEST flag NE 2 (no)] and [LEFTHANDED flag = 1 (YES)], set GRIPSTRENGTHELIG flag = 2 (YES LEFT), and display "YES LEFT".

Otherwise, set GRIPSTRENGTHELIG flag = 1 (YES RIGHT), and display "YES RIGHT".

Display "TRANSFER INFORMATION TO FRONT PAGE OF ACTIVITIES BOOKLET"
Display "AFTER ACTIVITIES ARE COMPLETED, PRESS 1 AND ENTER TO CONTINUE"

## **QUESTION TEXT:**

#### ACTIVITIES TO SET UP AND DEMONSTRATE

ACTIVITY ADMINISTER

1. BALANCE STANDS {YES/NO}

2. WALKING COURSE {YES/NO}

{A. DOESN'T USE CANE/WALKER AROUND HOME/ B. SOMETIMES USES CANE/WALKER AROUND HOME/ C. ALWAYS USES CANE/WALKER AROUND HOME}

3. CHAIR STANDS {YES/NO}

4. GRIP STRENGTH {YES RIGHT/YES LEFT/NO}

TRANSFER INFORMATION TO FRONT PAGE OF ACTIVITIES BOOKLET

Page 6 of 7 NHATS Round 2 :: PE

# AFTER ACTIVITES ARE COMPLETED, PRESS 1 AND ENTER TO CONTINUE

PE15 PE15 NOT ON FILE

# **QUESTION TEXT:**

I will (also) be asking  $\{you/SP\}$  to walk a short distance in this room by  $\{yourself/\{himself/herself\}\}$ .  $\{\{\{You/\{He/She\}\}\}\}$  may use  $\{your/\{his/her\}\}$  {cane/walker/cane or walker} if  $\{youfeel/\{he/she\}\}$  feels} { $\{youneed/\{he/she\}\}\}$  needs} it to walk a short distance.} {Are  $\{you/lsSP\}\}$  able to try this?

## PROGRAMMER INSTRUCTIONS:

Go to Section HW – Height & Weight

Flag Variables Set in PE Section	
fl2lefthand	R <sub>2</sub> F PE CAN SP DO LEFT HAND TEST
fl2righthand	R <sub>2</sub> F PE CAN SP DO RGT HAND TEST
fl2eiherhand	R <sub>2</sub> F PE CAN SP DO EITHR HAND TST
fl2lftgrptst	R <sub>2</sub> F PE CAN SP DO LFT GRIP TEST
fl2rhtgrptst	R <sub>2</sub> F PE CAN SP DO RIGHT GRIP TEST
fl2charstnds	R <sub>2</sub> F PE CAN SP DO CHAIR STANDS
fl2balstands	R <sub>2</sub> F PE CAN SP DO BALANCE STANDS
fl2wlkingrse	R <sub>2</sub> F PE CAN SP DO WALKING COURSE

Page 7 of 7 NHATS Round 2 :: PE