# **NHATS Round 5**

Section PE [PERFORMANCE] Sequence: 28

PE1PRE PE1PRE NOT ON FILE

Next I would like to ask {you/SP} to try to perform a few simple movements, that is to move {your/{his/her}} body in different ways. Before we start, I need to ask a few questions.

PRESS 1 AND ENTER TO CONTINUE

**PE1** pe5whhndsign R5 PE1 HAND USE TO SIGN YOUR NAME

# **QUESTION TEXT:**

Which hand {do you/does SP} use to sign {your/{his/her}} name?

### **CODES**

1 LEFT
2 RIGHT
3 BOTH
REFUSED
DON'T KNOW

### PROGRAMMER INSTRUCTIONS:

If PE1 = 1, set LEFTHANDED flag = 1 (yes). If PE1 = 2, set RIGHTHANDED flag = 1 (yes). If PE1 = 3, set EITHERHANDED flag = 1 (yes).

PE2 pe5surghdwrt R5 PE2 HAVE SURGRY TO HAND WRIST

### **DISPLAY INSTRUCTIONS:**

Display "in the last 3 months" in bold underlined text.

# **QUESTION TEXT:**

In the last 3 months, that is since {MONTH AND YEAR 3 MONTHS PRIOR TO TODAY'S DATE}, {have you/has SP} had surgery or a serious injury on {your/{his/her}} hand or wrist?

### **CODES**

1 YES

2 NO PE4 3 REFUSED PE4 DON'T KNOW PE4

PE3 pe5surgyside R5 PE3 WHICH SIDE WAS SURGERY

# **QUESTION TEXT:**

Which side was that (surgery or serious injury on {your/SP's} hand or wrist)? Was it the left side or right side?

### **CODES**

1 LEFT SIDE

2 RIGHT SIDE

3 BOTH SIDES PE8

REFUSED

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### DON'T KNOW

### PROGRAMMER INSTRUCTIONS:

If PE3 = 1 (left hand/wrist surgery), set LEFTGRIPTEST flag = 2 (no).

If PE3 = 2 (right hand/wrist surgery), set RIGHTGRIPTEST flag = 2 (no).

If PE3 = 3 (both hands/wrists surgery), set LEFTGRIPTEST flag = 2 (no) and RIGHTGRIPTEST flag = 2 (no).

PE<sub>4</sub>

pe5flrupain

R5 PE4 EXPER FLARE UP PAIN HAND

#### **DISPLAY INSTRUCTIONS:**

Display "currently" in bold underlined text.

### **QUESTION TEXT:**

{Are you/Is SP} currently experiencing a flare-up of pain in either hand or wrist?

### **CODES**

1 YES

NO PE<sub>6</sub> 2 PE<sub>6</sub> **REFUSED** 3 PE6 DON'T KNOW

PE<sub>5</sub>

pe5sideflrup

R5 PE5 SIDE CURRNT FLARE UP PAIN

### **DISPLAY INSTRUCTIONS:**

Display "current" in bold underlined text.

## **QUESTION TEXT:**

Which side is that current flare-up of pain in {your/SP's} hand or wrist? Is it the left side or right side?

### **CODES**

1 LEFT SIDE

**RIGHT SIDE** 2

**BOTH SIDES** PE8 3

> **REFUSED** DON'T KNOW

### PROGRAMMER INSTRUCTIONS:

If PE5 = 1 (left hand/pain flare up), set LEFTGRIPTEST flag = 2 (no).

If PE5 = 2 (right hand/pain flare up), set RIGHTGRIPTEST flag = 2 (no).

If PE5 = 3 (both hands/pain flare ups), set LEFTGRIPTEST flag = 2 (no) and RIGHTGRIPTEST flag = 2 (no).

PE<sub>6</sub>

pe5surgarmsh

**R5 PE6 SURGERY ARM OR SHOULDER** 

### **DISPLAY INSTRUCTIONS:**

Display "In the last 3 months" in bold underlined text.

### **QUESTION TEXT:**

In the last 3 months, that is since {MONTH AND YEAR 3 MONTHS PRIOR TO TODAY'S DATE}, {have you/has SP} had surgery or a serious injury on {your/{his/her}} arm or shoulder

### **CODES**

YES

2 NO PE8 PE8 **REFUSED** 

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PE7 pe5sidsurgar R5 PE7 SIDE SURGERY ARM OR SHLDR

# **QUESTION TEXT:**

Which side was that (surgery or serious injury on {your/SP's} arm or shoulder)? Was it the left side or right side?

### **CODES**

1 LEFT SIDE
2 RIGHT SIDE
3 BOTH SIDES
REFUSED
DON'T KNOW

### PROGRAMMER INSTRUCTIONS:

If PE7 = 1 (left arm/shoulder surgery), set LEFTGRIPTEST flag = 2 (no).

If PE7 = 2 (right arm/shoulder surgery), set RIGHTGRIPTEST flag = 2 (no).

If PE7 = 3 (both arms/shoulders surgery), set LEFTGRIPTEST flag = 2 (no) and RIGHTGRIPTEST flag = 2 (no).

PE8 pe5surgyhips R5 PE8 SURG HIPS IN CLUD REPLCMNT

### **DISPLAY INSTRUCTIONS:**

Display "In the last 3 months" in bold underlined text.

### **QUESTION TEXT:**

In the last 3 months, that is since {MONTH AND YEAR 3 MONTHS PRIOR TO TODAY'S DATE}, {have you/has SP} had surgery or a serious injury on {your/{his/her}} hips (including hip replacement surgery)?

### **CODES**

1 YES

2 NO BOX PE11
REFUSED BOX PE11
DON'T KNOW BOX PE11

PE9 pe5sidhipsrg R5 PE9 SIDE WAS HIP SURGERY ON

### **QUESTION TEXT:**

Was that (surgery or serious injury on {your/SP's} hips) only on one side or on both sides?

#### CODES

1 ONE SIDE 2 BOTH SIDES REFUSED DON'T KNOW

# PROGRAMMER INSTRUCTIONS:

If PE9 = 2 (both hips surgery), set CHAIRSTANDS flag = 2 (no).

BOX PE11 BOX PE11 NOT ON FILE

If MO24 = 1 (always uses mobility device to get out of bed) or MO26 = 4 (never got out of bed by self), go

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to PE11.

Otherwise go to BOX PE13.

**PE11** 

pe5stndwhold

R5 PE11 STAND WITHOUT HOLDING ON

### **DISPLAY INSTRUCTIONS:**

Display "stand without holding onto anyone or anything" in bold underlined text.

### **QUESTION TEXT:**

For a few of the body movements, I will ask {you/SP} to stand without holding onto anyone or anything. I can help {you/{him/her}} get up if {you/{he/she}} would like me to. {Are you/Is SP} able to try this?

#### CODES

1 YES

NO 2

> **REFUSED** DON'T KNOW

### PROGRAMMER INSTRUCTIONS:

If PE11 = 2 (not able to stand without holding on to anyone/anything), set BALANCESTANDS flag = 2 (no).

**BOX PE12** 

**BOX PE12** 

NOT ON FILE

If CHAIRSTANDS flag = 2 (NO), go to PE13. Otherwise, go to PE12.

**PE12** 

pe5upchbyslf

R5 PE12 GET UP OUT CHAIR BY SELF

### **DISPLAY INSTRUCTIONS:**

Display "without" and "by {yourself/{himself/herself}}" in bold underlined text.

If CANE flag = 1 (yes) or WALKER flag = 1 (yes), display "and without {your/{his/her}}{cane/walker/cane or walker}".

If CANE flag = 1 (yes) and WALKER flag is null, display "cane".

If WALKER flag = 1 (yes) and CANE flag is null, display "walker".

If CANE flag = 1 (yes) and WALKER flag = 1 (yes), display "cane or walker".

# **QUESTION TEXT:**

I will also ask {you/SP} to get up out of a chair by {yourself/{himself/herself}} {and without {your/{his/her}} {cane/walker/cane or walker}}. {Are you/Is SP} able to try this?

### **CODES**

YES 1 2 NO

**REFUSED** 

DON'T KNOW

### PROGRAMMER INSTRUCTIONS:

If PE12 = 2 (unable to try getting up from chair without mobility devices/help), set CHAIRSTANDS flag = 2 (no).

**BOX PE13** 

**BOX PE13** 

NOT ON FILE

If MO15 = 1 (used wheelchair every time to get around home/building) or MO16 = 1 (used scooter every time to get around home/building) set WALKING COURSE flag = no (2) and go to PE14.

Page 4 of 7 NHATS Round 5:: PE **PE13** 

pe5wlkdsself

R5 PE13 WALK SHORT DIST BY SELF

### **DISPLAY INSTRUCTIONS:**

Display "walk a short distance in this room by {yourself/{himself/herself}}" in bold underlined text.

If MO13 = 1,2,3, or 4 (used cane every time, most times, sometimes, or rarely when walking around inside) or MO14 = 1,2,3, or 4 (used walker every time, most times, sometimes, or rarely when walking around inside), display "{You/{He/She}} may use {your/{his/her}} {cane/walker/cane or walker} if {you feel/{he/she} feels} {you need/{he/she} needs} it to walk a short distance."

If MO13 = 1,2,3, or 4 and MO14  $\neq$  1,2,3, or 4, display "cane". If MO14 = 1,2,3, or 4 and MO13  $\neq$  1,2,3, or 4, display "walker". If MO13 = 1,2,3, or 4 and If MO14 = 1,2,3, or 4, display "cane or walker".

### **QUESTION TEXT:**

I will (also) be asking {you/SP} to walk a short distance in this room by {yourself/{himself/herself}}. {{{You/{He/She}} may use {your/{his/her}} {cane/walker/cane or walker} if {you feel/{he/she} feels} {you need/{he/she} needs} it to walk a short distance.} {Are you/Is SP} able to try this?

#### **CODES**

1 YES
2 NO
REFUSED
DON'T KNOW

#### PROGRAMMER INSTRUCTIONS:

If PE13 = 2 (unable to walk short distance), set WALKINGCOURSE flag = 2 (no).

**PE14** 

PE14

NOT ON FILE

### **DISPLAY INSTRUCTIONS:**

Display "ACTIVITIES TO SET UP AND DEMONSTRATE" in bolded text.

Display grid with 7 rows and 3 columns.

In R1C1, use null display.

In R<sub>1</sub>C<sub>2</sub>, display "ACTIVITY" in bolded text.

In R1C3, display "ADMINISTER" in bolded text.

In R2C1, display "1.".

In R2C2, display "BALANCE STANDS".

In R2C3, if BALANCESTANDS flag = 2 (no), set BALANCESTANDSELIG flag = 2 (NO), and display "NO".

Otherwise, set BALANCESTANDSELIG flag = 1 (YES), and display "YES".

In R<sub>3</sub>C<sub>1</sub>, display "2.".

In R<sub>3</sub>C<sub>2</sub>, display "WALKING COURSE".

In R<sub>3</sub>C<sub>3</sub>, if WALKINGCOURSE flag = 2 (no), set WALKINGCOURSELIG flag = 2 (NO), and display "NO".

Otherwise, set WALKINGCOURSELIG flag = 1 (YES), and display "YES".

In R4C1, use null display.

In R4C2, use null display. In R4C3:

If WALKINGCOURSELIG flag = 1 (YES) and [MO13 = 2, 3, or 4 (used cane most times, sometimes, or rarely inside) or MO14 = 2, 3, or 4 (used walker most times, sometimes, or rarely inside)], set AIDUSAGE flag = 2 (SOMETIMES), and display "B. SOMETIMES USES CANE/WALKER AROUND HOME".

Else, if WALKINGCOURSELIG flag = 1 (YES) and [MO13 = 1 (used cane every time inside) or MO14 = 1 (used walker

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every time inside)], set AIDUSAGE flag = 3 (ALWAYS), and display "C. ALWAYS USES CANE/WALKER AROUND HOME".

Otherwise, if WALKINGCOURSELIG flag = 1 (YES), set AIDUSAGE flag = 1 (NEVER), and display "A. DOESN'T USE CANE/WALKER AROUND HOME".

In R5C1, display "3.".

In R5C2, display "CHAIR STANDS".

In R5C3, if CHAIRSTANDS flag = 2 (no), set CHAIRSTANDSELIG flag = 2 (NO), and display "NO".

Otherwise, set CHAIRSTANDSELIG flag = 1 (YES), and display "YES".

In R6C1, display "4.".

In R6C2, display "GRIP STRENGTH".

In R6C3:

If LEFTGRIPTEST flag=2 (no) and RIGHTGRIPTEST flag=2 (no), set GRIPSTRENGTHELIG flag = 3 (NO), and display "NO".

Else if LEFTGRIPTEST flag=2 (no) and RIGHTGRIPTEST flag NE 2 (no), set GRIPSTRENGTHELIG flag = 1 (YES RIGHT), and display "YES RIGHT".

Else if LEFTGRIPTEST flag NE 2 (no) and RIGHTGRIPTEST flag=2 (no), set GRIPSTRENGTHELIG flag = 2 (YES LEFT), and display "YES LEFT".

Else if [LEFTGRIPTEST flag NE 2 (NO) and RIGHTGRIPTEST flag NE 2 (no)] and [LEFTHANDED flag = 1 (YES)], set GRIPSTRENGTHELIG flag = 2 (YES LEFT), and display "YES LEFT".

Otherwise, set GRIPSTRENGTHELIG flag = 1 (YES RIGHT), and display "YES RIGHT".

Display "TRANSFER INFORMATION TO FRONT PAGE OF ACTIVITIES BOOKLET" Display "AFTER ACTIVITIES ARE COMPLETED, PRESS 1 AND ENTER TO CONTINUE"

### **QUESTION TEXT:**

ACTIVITIES TO SET UP AND DEMONSTRATE

ACTIVITY ADMINISTER

1. BALANCE STANDS {YES/NO}

2. WALKING COURSE {YES/NO}

{A. DOESN'T USE CANE/WALKER AROUND HOME/ B. SOMETIMES USES CANE/WALKER AROUND HOME/ C. ALWAYS USES CANE/WALKER AROUND HOME}

3. CHAIR STANDS {YES/NO}

4. GRIP STRENGTH {YES RIGHT/YES LEFT/NO}

TRANSFER INFORMATION TO FRONT PAGE OF ACTIVITIES BOOKLET

AFTER ACTIVITES ARE COMPLETED, PRESS 1 AND ENTER TO CONTINUE

PE15 PE15 NOT ON FILE

### **QUESTION TEXT:**

REMEMBER TO AFFIX SP ID LABEL AND WRITE YOUR INTERVIEWER ID AND DATE ON ACTIVITIES BOOKLET COVER.

PRESS 1 AND ENTER TO CONTINUE

### PROGRAMMER INSTRUCTIONS:

Go to Section HW - Height & Weight

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Flag Variables Set in PE Section	
fl5lefthand	R5 F PE CAN SP DO LEFT HAND TEST
fl5righthand	R5 F PE CAN SP DO RGT HAND TEST
fl5eiherhand	R5 F PE CAN SP DO EITHR HAND TST
fl5lftgrptst	R5 F PE CAN SP DO LFT GRIP TEST
fl5rhtgrptst	R5 F PE CAN SP DO RIGHT GRIP TEST
fl5charstnds	R5 F PE CAN SP DO CHAIR STANDS
fl5balstands	R5 F PE CAN SP DO BALANCE STANDS
fl5wlkingrse	R5 F PE CAN SP DO WALKING COURSE

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