# **NHATS Round 6**

Section SY [SEDENTARY TIME] Sequence: 39

SY1PRE SY1PRE NOT ON FILE

**QUESTION TEXT:** 

These next questions are about {your/SP's} daytime activities during the last 7 days.

PRESS 1 AND ENTER TO CONTINUE

SY1 sy6tvdays R6 SY1 HOW MANY DAYS WATCH TV

**QUESTION TEXT:** 

On how many of the last 7 days did {you/SP} sit or lay down to watch television?

**ENTER NUMBER OF DAYS** 

**ENTER NUMBER** 

Range o to 7

REFUSED DON'T KNOW

BOX SY1 BOX SY1 NOT ON FILE

If SY1 = 0, DK, or RF, go to SY2.

Otherwise, go to SY1A

**SY1A** sy6tvhours R6 SY1A MORE LESS THAN AN HOUR

WATCH TV

**QUESTION TEXT:** 

On a typical day when {you/SP} sat or laid down to watch television, did {you/he/she} spend less than an hour, more than an hour, or about an hour?

**CODES** 

1 LESS THAN 1 HOUR

MORE THAN 1 HOUR
 ABOUT 1 HOUR
 REFUSED
 DON'T KNOW
 SY2

SY1B sy6tvmins R6 SY1B HOW MANY MINUTES WATCH

**QUESTION TEXT:** 

(On a typical day when {you/SP} sat or laid down to watch television,) about how many minutes did {you/he/she} spend?

CODES

1 LESS THAN 15 MINUTES

2 15 MINUTES

3 BETWEEN 15 AND 30 MINUTES

4 30 MINUTES

5 BETWEEN 30 AND 45 MINUTES

Page 1 of 9 NHATS Round 6 :: SY

4/8/2019

6 45 MINUTES

7 BETWEEN 45 AND 60 MINUTES

REFUSED DON'T KNOW

## PROGRAMMER INSTRUCTIONS:

Go to SY2.

SY<sub>1</sub>C sy**6**tvhrnum R6 SY1C HOW MANY HOURS WATCH TV **QUESTION TEXT:** (On a typical day when {you/SP} sat or laid down to watch television,) about how many hours did {you/he/she} spend? CODES ABOUT 1 ½ HOURS 1 2 **ABOUT 2 HOURS ABOUT 3 HOURS** 3 **ABOUT 4 HOURS** 4 **ABOUT 5 HOURS** 5 6 OR MORE HOURS **REFUSED** DON'T KNOW SY<sub>2</sub> sy6compdays **R6 SY2 HOW MANY DAYS USE COMPUTER** 

## **QUESTION TEXT:**

On how many of the last 7 days did {you/SP} sit and use a computer or tablet (like an iPad)?

**ENTER NUMBER OF DAYS** 

## **ENTER NUMBER**

Range o to 7

DON'T KNOW

BOX SY2 BOX SY2 NOT ON FILE

If SY2 = 0, DK, or RF, go to SY3.

Otherwise, go to SY2A.

SY2A sy6comphours R6 SY2A MORE LESS THAN AN HOUR USE COMPUTER

## **QUESTION TEXT:**

On a typical day when {you/SP} sat and used a computer or tablet (like an iPad), did {you/he/she} spend less than an hour, more than an hour, or about an hour?

## CODES

1 LESS THAN 1 HOUR

2 MORE THAN 1 HOUR SY2C 3 ABOUT 1 HOUR SY3

Page 2 of 9 NHATS Round 6 :: SY

**REFUSED** SY<sub>3</sub> DON'T KNOW

SY3 SY<sub>2</sub>B sy6compmins R6 SY2B HOW MANY MINUTES USE **COMPUTER QUESTION TEXT:** (On a typical day when {you/SP} sat and used a computer or tablet (like an iPad),) about how many minutes did {you/he/she} spend? **CODES** LESS THAN 15 MINUTES 1 15 MINUTES 2 BETWEEN 15 AND 30 MINUTES 3 30 MINUTES 4 BETWEEN 30 AND 45 MINUTES 5 6 **45 MINUTES** BETWEEN 45 AND 60 MINUTES 7 **REFUSED** DON'T KNOW **PROGRAMMER INSTRUCTIONS:** Go to SY3. SY<sub>2</sub>C sy6comphrnum R6 SY2C HOW MANY HOURS USE **COMPUTER QUESTION TEXT:** (On a typical day when {you/SP} sat and used a computer or tablet (like an iPad),) about how many hours did {you/he/she} spend? **CODES** ABOUT 1 ½ HOURS 1 2 ABOUT 2 HOURS **ABOUT 3 HOURS** 3 **ABOUT 4 HOURS** 4 **ABOUT 5 HOURS** 5 **6 OR MORE HOURS REFUSED** DON'T KNOW SY<sub>3</sub> sy6talkdays R6 SY3 HOW MANY DAYS SIT TALK **QUESTION TEXT:** On how many of the last 7 days did {you/SP} sit and talk to friends or family members? **ENTER NUMBER OF DAYS** 

**BOX SY3** BOX SY<sub>3</sub> NOT ON FILE

Range

**REFUSED** DON'T KNOW

**ENTER NUMBER** 

Page 3 of 9 NHATS Round 6:: SY

o to 7

If SY3 = 0, DK, or RF, go to SY4.

Otherwise, go to SY3A.

SY<sub>3</sub>A sy6talkhours R6 SY3A MORE LESS THAN AN HOUR SIT

## **QUESTION TEXT:**

On a typical day when {you/SP} sat and talked to friends or family members, did {you/he/she} spend less than an hour, more than an hour, or about an hour?

#### CODES

1	LESS THAN 1 HOUR	
2	MORE THAN 1 HOUR	SY <sub>3</sub> C
3	ABOUT 1 HOUR	SY4
	REFUSED	SY4
	DON'T KNOW	SY4

SY<sub>3</sub>B sy6talkmins R6 SY3B HOW MANY MINUTES SIT TALK

## **QUESTION TEXT:**

(On a typical day when {you/SP} sat and talked to friends or family members,) about how many minutes did {you/he/she} spend?

## CODES

- LESS THAN 15 MINUTES 1
  - 15 MINUTES
- **BETWEEN 15 AND 30 MINUTES** 3
- 4 30 MINUTES
- **BETWEEN 30 AND 45 MINUTES** 5
- 6 **45 MINUTES**
- **BETWEEN 45 AND 60 MINUTES** 7

**REFUSED** DON'T KNOW

#### PROGRAMMER INSTRUCTIONS:

Go to SY4.

SY<sub>3</sub>C sy6talkhrnum R6 SY3C HOW MANY HOURS SIT TALK

## **QUESTION TEXT:**

(On a typical day when {you/SP} sat and talked to friends or family members,) about how many hours did {you/he/she} spend?

## CODES

- 1 ABOUT 1 ½ HOURS
- **ABOUT 2 HOURS** 2
- **ABOUT 3 HOURS** 3
- **ABOUT 4 HOURS** 4
- **ABOUT 5 HOURS** 5
- 6 **6 OR MORE HOURS**

**REFUSED** 

DON'T KNOW

Page 4 of 9 NHATS Round 6:: SY SY4

sy6hobbydays

**R6 SY4 HOW MANY DAYS DO HOBBIES** 

## **QUESTION TEXT:**

On how many of the last 7 days did {you/SP} sit by {yourself/himself/herself} and do hobbies or other activities like reading, playing cards, puzzles, or crafts?

**ENTER NUMBER OF DAYS** 

#### **ENTER NUMBER**

Range REFUSED DON'T KNOW o to 7

**BOX SY4** 

**BOX SY4** 

NOT ON FILE

If SY4 = 0, DK, or RF, go to SY5.

Otherwise, go to SY4A.

SY4A

sy6hobbyhours

R6 SY4A MORE LESS THAN AN HOUR DO

**HOBBIES** 

#### **QUESTION TEXT:**

On a typical day when {you/SP} sat by {yourself/himself/herself} and did hobbies or other activities like reading, playing cards, puzzles, or crafts, did {you/he/she} spend less than an hour, more than an hour, or about an hour?

#### CODES

1	LESS THAN 1 HOUR	
2	MORE THAN 1 HOUR	
3	ABOUT 1 HOUR	
	REFLISED	

ABOUT 1 HOUR SY5
REFUSED SY5
DON'T KNOW SY5

SY4B

sy6hobbymins

R6 SY4B HOW MANY MINUTES DO HOBBIES

SY4C

## **QUESTION TEXT:**

(On a typical day when {you/SP} sat by {yourself/himself/herself} and did hobbies or other activities like reading, playing cards, puzzles, or crafts,) about how many minutes did {you/he/she} spend?

#### CODES

1 LESS THAN 15 MINUTE	S
-----------------------	---

2 15 MINUTES

3 BETWEEN 15 AND 30 MINUTES

4 30 MINUTES

5 BETWEEN 30 AND 45 MINUTES

6 45 MINUTES

7 BETWEEN 45 AND 60 MINUTES

REFUSED DON'T KNOW

#### PROGRAMMER INSTRUCTIONS:

Page 5 of 9 NHATS Round 6 :: SY

G	o to SY5.	
SY4C	sy <b>6</b> hobbyhrnum	R6 SY4C HOW MANY HOURS DO HOBBIES
QUESTIC	ON TEXT:	
	(On a typical day when {you/SP} sat by {yourself/h like	imself/herself} and did hobbies or other activities
	reading, playing cards, puzzles, or crafts,) about h	ow many hours did {you/he/she} spend?
CODES		
1	ABOUT 1 1/2 HOURS	
2	ABOUT 2 HOURS	
3	ABOUT 3 HOURS	
4	ABOUT 4 HOURS	
5	ABOUT 5 HOURS	
6	6 OR MORE HOURS	
	REFUSED DON'T KNOW	
	DOIN I KINOVV	
SY5	sy <b>6</b> eatdays	R6 SY5 HOW MANY DAYS SIT EAT
QUESTIC		
	On how many of the last 7 days did {you/SP} sit an	d eat?
	ENTER NUMBER OF DAYS	
	ENTER NOMBER OF DATA	
ENTER N	UMBER	
	Range	o to 7
	REFUSED	
	DON'T KNOW	
BOX S	γ <sub>5</sub> BOX SY <sub>5</sub>	NOT ON FILE
	If SY5 = 0, DK, or RF, go to SY6.	
	Othorwica go to SVEA	
	Otherwise, go to SY5A.	
SY5A	sy <b>6</b> eathours	R6 SY5A MORE LESS THAN AN HOUR SIT EAT
QUESTIC	ON TEXT:	
	On a typical day when {you/SP} sat and ate, did {yohour, or about an hour?	ou/he/she} spend less than an hour, more than an
60555		
CODES	LECC THAN A HOUR	
1	LESS THAN 1 HOUR MORE THAN 1 HOUR	SVrC
2 3	ABOUT 1 HOUR	SY5C SY6
)	REFUSED	SY6
	DON'T KNOW	SY6
SY5B	sy6eatmins	R6 SY5B HOW MANY MINUTES SIT EAT
- · J	5, ocaciiiii	UO 2120 LIOM MAINT MIINOTES SH EYL

Page 6 of 9 NHATS Round 6 :: SY

## **QUESTION TEXT:**

(On a typical day when {you/SP} sat and ate,) about how many minutes did {you/he/she} spend?

## **CODES**

- 1 LESS THAN 15 MINUTES
- 2 15 MINUTES
- 3 BETWEEN 15 AND 30 MINUTES
- 4 30 MINUTES
- 5 BETWEEN 30 AND 45 MINUTES
- 6 45 MINUTES
- 7 BETWEEN 45 AND 60 MINUTES

REFUSED DON'T KNOW

#### **PROGRAMMER INSTRUCTIONS:**

Go to SY6.

SY <sub>5</sub> C	sy <b>6</b> eathrnum	R6 SY5C HOW MANY HOURS SIT EAT
QUEST	ON TEXT:	
	(On a typical day when {you/SP} sat and ate,) about	how many hours did {you/he/she} spend?
CODES		
1	ABOUT 1 1/2 HOURS	
2	ABOUT 2 HOURS	
3	ABOUT 3 HOURS	
4	ABOUT 4 HOURS	
5	ABOUT 5 HOURS	
6	6 OR MORE HOURS	
	REFUSED	
	DON'T KNOW	

RIDE

**R6 SY6 HOW MANY DAYS DRIVE OR** 

# QUESTION TEXT:

SY6

On how many of the last 7 days did {you/SP} drive or ride somewhere as a passenger?

ENTER NUMBER OF DAYS

## **ENTER NUMBER**

Range o to 7

DON'T KNOW

BOX SY6 BOX SY6 NOT ON FILE

sy6drivedays

If SY6 = 0, DK, or RF, go to SY7.

Otherwise, go to SY6A.

SY6A sy6drivehours R6 SY6A MORE LESS THAN AN HOUR DRIVE OR RIDE

Page 7 of 9 NHATS Round 6 :: SY

# **QUESTION TEXT:**

On a typical day when {you/SP} drove or rode somewhere as a passenger, did {you/he/she} spend less than an hour, more than an hour, or about an hour?

## **CODES**

1	LESS THAN 1 HOUR	
2	MORE THAN 1 HOUR	SY6C
3	ABOUT 1 HOUR	SY7
	REFUSED	SY7
	DON'T KNOW	SY7

SY6B sy6drivemins R6 SY6B HOW MANY MINUTES DRIVE OR RIDE

## **QUESTION TEXT:**

(On a typical day when {you/SP} drove or rode somewhere as a passenger,) about how many minutes did {you/he/she} spend?

#### CODES

- 1 LESS THAN 15 MINUTES
- 2 15 MINUTES
- 3 BETWEEN 15 AND 30 MINUTES
- 4 30 MINUTES
- 5 BETWEEN 30 AND 45 MINUTES
- 6 45 MINUTES
- 7 BETWEEN 45 AND 60 MINUTES

REFUSED DON'T KNOW

## PROGRAMMER INSTRUCTIONS:

Go to SY7.

SY6C	sy <b>6</b> drivehrnum	R6 SY6C HOW MANY HOURS DRIVE OR
		RIDE

## **QUESTION TEXT:**

(On a typical day when {you/SP} drove or rode somewhere as a passenger,) about how many hours did

{you/he/she} spend?

## CODES

1	ABOUT 1 1/2 HOURS
2	ABOUT 2 HOURS
3	ABOUT 3 HOURS
4	ABOUT 4 HOURS
5	ABOUT 5 HOURS
6	6 OR MORE HOURS
	REFUSED

REFUSED DON'T KNOW

SY7 sy6restdays R7 SY7 HOW MANY DAYS REST OR NAP

#### **QUESTION TEXT:**

On how many of the last 7 days did {you/SP} lay down to rest or take a nap?

Page 8 of 9 NHATS Round 6 :: SY

## **ENTER NUMBER OF DAYS**

## **ENTER NUMBER**

Range o to 7

REFUSED DON'T KNOW

BOX SY7 NOT ON FILE

If SY7 = 0, DK, or RF, go to Section CL.

Otherwise, go to SY7A.

SY7A sy6resthours R6 SY7A MORE LESS THAN AN HOUR

**REST OR NAP** 

## **QUESTION TEXT:**

On a typical day when {you/SP} laid down to rest or take a nap, did {you/he/she} spend less than an hour, more than an hour, or about an hour?

#### **CODES**

1 LESS THAN 1 HOUR

2 MORE THAN 1 HOUR SY7C 3 ABOUT 1 HOUR SECTION CL

REFUSED SECTION CL
DON'T KNOW SECTION CL

SY7B sy6restmins R6 SY7B HOW MANY MINUTES REST OR NAP

## **QUESTION TEXT:**

(On a typical day when {you/SP} laid down to rest or take a nap,) about how many minutes did {you/he/she} spend?

## CODES

1 LESS THAN 15 MINUTES

2 15 MINUTES

3 BETWEEN 15 AND 30 MINUTES

4 30 MINUTES

5 BETWEEN 30 AND 45 MINUTES

6 45 MINUTES

7 BETWEEN 45 AND 60 MINUTES

REFUSED DON'T KNOW

## PROGRAMMER INSTRUCTIONS:

Go to Section CL - Closing.

SY7C sy6resthrnum R6 SY7C HOW MANY HOURS REST OR NAP

## **QUESTION TEXT:**

(On a typical day when {you/SP} laid down to rest or take a nap,) about how many hours did

Page 9 of 9 NHATS Round 6 :: SY

# {you/he/she} spend?

## CODES

ABOUT 1 ½ HOURS
ABOUT 2 HOURS
ABOUT 3 HOURS
ABOUT 4 HOURS
ABOUT 5 HOURS
6 OR MORE HOURS
REFUSED
DON'T KNOW

# PROGRAMMER INSTRUCTIONS:

Go to Section CL – Closing.

Page 10 of 9 NHATS Round 6 :: SY