

National Study of Caregiving

Section HE [HEALTH]

Sequence: 6

HE1 **che5health** C5 HE1 GENERAL HEALTH

QUESTION TEXT:

Would you say that in general, your health is excellent, very good, good, fair, or poor?

CODES

1	EXCELLENT
2	VERY GOOD
3	GOOD
4	FAIR
5	POOR
	REFUSED
	DON'T KNOW

HE2	che5hrtattck	C5 HE2A HAD HEART ATTACK
	che5othheart	C5 HE2B HAD HEART DISEASE
	che5highbl	C5 HE2C HAD HIGH BLOOD PRESS
	che5arthritis	C5 HE2D HAD ARTHRITIS
	che5osteoprs	C5 HE2E HAD OSTEOPOROSIS
	che5diabetes	C5 HE2F HAD DIABETES
	che5lungdis	C5 HE2G HAD LUNG DISEASE
	che5cancer	C5 HE2H HAD CANCER
	che5seeing	C5 HE2I HAD SERIOUS DIFF SEEING
	che5hearing	C5 HE2J HAD SERIOUS DIFF HEARING

DISPLAY INSTRUCTIONS:

Use "Same Question Stem" display.
If at HE2a, do not display question text in brackets.
Otherwise, display question text in brackets.

QUESTION TEXT:

{{}} I will read a list of some diseases that a doctor may have said you have. Please tell me if a doctor ever told you that you had... {{}}

{variable text [a-j]}

RESPONSE [1] a. a heart attack or myocardial infarction?
RESPONSE [2] b. any other heart disease including angina or congestive heart failure?
RESPONSE [3] c. high blood pressure or hypertension?
RESPONSE [4] d. arthritis?
RESPONSE [5] e. osteoporosis or thinning of the bones?
RESPONSE [6] f. diabetes?
RESPONSE [7] g. lung disease, such as emphysema, asthma, or chronic bronchitis?
RESPONSE [8] h. cancer?
RESPONSE [9] i. serious difficulty seeing?
RESPONSE [10] j. serious difficulty hearing?

CODES

1	YES
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2 NO
REFUSED
DON'T KNOW

PROGRAMMER INSTRUCTIONS:

Array the responses and variable text columns in the panel.
Display 'variable text' in the a-j sequence until all rows have been displayed.

BOX HE3	BOX HE3	NOT ON FILE
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If HE2h = 1 (YES, CANCER), go to HE3.
Otherwise, go to HE4PRE.

HE3	che5cncrskin	C5 HE3 CANCER TYPE SKIN CANCER
	che5cncrbrst	C5 HE3 CANCER TYPE BREAST CANCER
	che5cncrpros	C5 HE3 CANCER TYPE PROSTATE CNCR
	che5cncroth	C5 HE3 CANCER TYPE OTHER TYPE

DISPLAY INSTRUCTIONS:

If pre-loaded CG SEX= 2 (MALE), display "prostate cancer," and response code 3.

QUESTION TEXT:

Was that skin cancer, breast cancer, {prostate cancer,} or some other type?
SELECT ALL THAT APPLY

CODES	Code All That Apply	
1	SKIN CANCER	HE4PRE
2	BREAST CANCER	HE4PRE
3	{PROSTATE CANCER}	HE4PRE
4	OTHER TYPE OF CANCER (SPECIFY)	
	REFUSED	HE4PRE
	DON'T KNOW	HE4PRE

HE3a	HE3a	NOT ON FILE
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QUESTION TEXT:

SPECIFY TYPE OF CANCER
IF NEEDED: What type of cancer was that?

ENTER TEXT

Length 25
REFUSED
DON'T KNOW

HE4PRE	HE4PRE	NOT ON FILE
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QUESTION TEXT:

Now I have a few questions about other health problems.
PRESS 1 AND ENTER TO CONTINUE

HE4	che5pain	C5 HE4 PAIN IN LAST MONTH
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DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, have you been bothered by pain?

CODES

1	YES	
2	NO	HE6
	REFUSED	HE6
	DON'T KNOW	HE6

HE5

che5painlmt

C5 HE5 PAIN OFT LIMITED

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, how often has pain limited your activities? Would you say every day, most days, some days, rarely, or never?

CODES

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

HE6

che5brethprb

C5 HE6 BREATHING PROBLEMS

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, did you have any breathing problems, including shortness of breath or difficulty breathing?

CODES

1	YES	
2	NO	HE8
	REFUSED	HE8
	DON'T KNOW	HE8

HE7

che5brethlmt

C5 HE7 BREATHING OFT LIMITED

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, how often did your breathing problems limit your activities? Would you say every day, most days, some days, rarely, or never?

CODES

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

HE8**che5armstr**

C5 HE8 LIMITED STRENGTH IN ARMS

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, did you have limited strength or movement in your shoulders, arms, or hands?

CODES

1	YES	
2	NO	HE10
	REFUSED	HE10
	DON'T KNOW	HE10

HE9**che5armlmt**

C5 HE9 ARM STRENGTH OFT LIMITED

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, how often did this problem with your shoulders, arms or hands limit your activities?

[Would you say every day, most days, some days, rarely, or never?]

CODES

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

HE10**che5legstr**

C5 HE10 LIMITED STRENGTH IN LEGS

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, did you have limited strength in your hips, legs, knees, or feet?

CODES

1	YES	
2	NO	HE12
	REFUSED	HE12
	DON'T KNOW	HE12

HE11**che5leglmt**

C5 HE11 LEG STRENGTH OFT LIMITED

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, how often did this problem with your hips, legs, knees, or feet limit your activities?

[Would you say every day, most days, some days, rarely, or never?]

CODES

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY

5 NEVER
REFUSED
DON'T KNOW

HE12 **che5lowenrgy** C5 HE12 LOW ENERGY IN LAST MONTH

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, did you have low energy or were you easily exhausted?

CODES

1	YES	
2	NO	HE14
	REFUSED	HE14
	DON'T KNOW	HE14

HE13 **che5enrgylmt** C5 HE13 ENERGY OFT LIMITED

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, how often did your low energy or exhaustion limit your activities?

[Would you say every day, most days, some days, rarely, or never?]

CODES

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

HE14 **che5sleeptrb** C5 HE14 TROUBL FALLNG BACK ASLEP

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, on nights when you woke up before you wanted to get up, how often did you have trouble falling back asleep?

[Would you say every night, most nights, some nights, rarely, or never?]

CODES

1	EVERY NIGHT
2	MOST NIGHTS
3	SOME NIGHTS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

BOX HE15 **BOX HE15** NOT ON FILE

If preloaded INHOUSELHOLD flag = 1 for Caregiver, go to HE15.

Otherwise, go to HE16.

HE15**che5sleepint**

C5 HE15 INTERRUPTED SLEEP

DISPLAY INSTRUCTIONS:

Display "In the last month" in underlined text.

QUESTION TEXT:

In the last month, how often did helping {SP} cause your sleep to be interrupted?

[Would you say every day, most days, some days, rarely, or never?]

CODES

1	EVERY NIGHT
2	MOST NIGHTS
3	SOME NIGHTS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

HE16**che5weight**

C5 HE16 WEIGHT IN POUNDS

QUESTION TEXT:

How much do you currently weigh?

ENTER WEIGHT IN POUNDS

ENTER NUMBER

Range	65 to 600
Soft Range	90 to 300
REFUSED	
DON'T KNOW	

HE17a**che5heightft**

C5 HE17A HEIGHT IN FEET

QUESTION TEXT:

How tall are you?

ENTER FEET

ENTER NUMBER

Range	3 to 7
Soft Range	4 to 6
REFUSED	HE18
DON'T KNOW	HE18

HE17b**che5heightin**

C5 HE17B HEIGHT INCHES

QUESTION TEXT:

[How tall are you?]

ENTER INCHES

ENTER NUMBER

Range	0 to 11
REFUSED	
DON'T KNOW	

HE18**che5lost10lb**

C5 HE18 IN YR LOST 10 POUNDS

QUESTION TEXT:

Have you lost 10 or more pounds in the last 12 months?

CODES

1	YES	
2	NO	HE19
	REFUSED	HE19
	DON'T KNOW	HE19

HE18a**che5try2lose**

C5 HE18A TRYING TO LOSE WEIGHT

QUESTION TEXT:

Were you trying to lose weight?

CODES

1	YES
2	NO
	REFUSED
	DON'T KNOW

HE19**che5moodcher**

C5 HE19A CG FELT CHEERFUL

che5moodpcf

C5 HE19B CG FELT CALM PEACEFUL

che5moodfull

C5 HE19C CG FELT FULL OF LIFE

che5moodbord

C5 HE19D CG FELT BORED

che5moodlone

C5 HE19E CG FELT LONELY

che5moodupst

C5 H319F CG FELT UPSET

DISPLAY INSTRUCTIONS:

Use "Same Question Stem" display.
 If at HE19a, do not display question text in brackets.
 Otherwise, display question text in brackets.
 Display "the last month" in underlined text.

QUESTION TEXT:

```
{[} Thinking about the last month, how often did you feel... {]}
```

```
{variable text [a-f]}
```

```
RESPONSE [1] a. cheerful?
RESPONSE [2] b. calm and peaceful?
RESPONSE [3] c. full of life?
RESPONSE [4] d. bored?
RESPONSE [5] e. lonely?
RESPONSE [6] f. upset?
```

```
{[} Would you say every day, most days, some days, rarely, or never? {]}
```

CODES

1	EVERY DAY
2	MOST DAYS
3	SOME DAYS
4	RARELY
5	NEVER
	REFUSED
	DON'T KNOW

PROGRAMMER INSTRUCTIONS:

Array the responses and variable text columns in the panel.
 Display 'variable text' in the a-f sequence until all rows have been displayed.

HE20

che5flttin
che5fltdown
che5fltnervs
che5fltworry

C5 HE20A CG FELT LITTLE INTERST
 C5 HE20B CG FELT DOWN DEPRESSED
 C5 HE20C CG FELT NERVOUS ANXIOUS
 C5 HE20D CG FELT UNABLE2STP WRRY

DISPLAY INSTRUCTIONS:

Use "Same Question Stem" display.
 If at HE20a, do not display question text in brackets.
 Otherwise, display question text in brackets.
 Display "the last month" in underlined text.

QUESTION TEXT:

```
{[] Over the last month, how often have you... []}

{variable text [a-d]}

RESPONSE [1] a. had little interest or pleasure in doing things?
RESPONSE [2] b. felt down, depressed, or hopeless?
RESPONSE [3] c. felt nervous, anxious, or on edge?
RESPONSE [4] d. been unable to stop or control worrying?

{[]Would you say not at all, several days, more than half the days, or nearly every day?[]}
```

CODES

- | | |
|---|-------------------------|
| 1 | NOT AT ALL |
| 2 | SEVERAL DAYS |
| 3 | MORE THAN HALF THE DAYS |
| 4 | NEARLY EVERY DAY |
| | REFUSED |
| | DON'T KNOW |

PROGRAMMER INSTRUCTIONS:

Array the responses and variable text columns in the panel.
 Display 'variable text' in the a-d sequence until all rows have been displayed.

HE21

che5lifemng
che5feelconf
che5gaveup
che5lifegood
che5lifelone
che5easychng
che5rcvrqick

C5 HE21A LIFE HAS MEANING PURPOS
 C5 HE21B CG FEELS CONFIDENT
 C5 HE21C CG GAVEUP IMPROVNG LIFE
 C5 HE21D CG LIKES LIVING SITUATN
 C5 HE21E CG FEELS LONELY
 C5 HE21F CG ADJUSTS CHANG EASILY
 C5 HE21G CG RECOVERS QUICKLY

DISPLAY INSTRUCTIONS:

Use "Same Question Stem" display.
 If at HE21a, do not display question text in brackets.
 Otherwise, display question text in brackets.

QUESTION TEXT:

```
{[] Now I'm going to read a few statements.

Think about yourself, and after each statement, please tell me whether you agree strongly, agree
somewhat, disagree somewhat, or disagree strongly. []}

{variable text [a-g]}
```


RESPONSE [1] a. My life has meaning and purpose.
RESPONSE [2] b. In general, I feel confident and good about myself.
RESPONSE [3] c. I gave up trying to improve my life a long time ago.
RESPONSE [4] d. I like my living situation very much.
RESPONSE [5] e. I often feel lonely because I have few close friends.
RESPONSE [6] f. I have an easy time adjusting to changes.
RESPONSE [7] g. I get over (recover from) illness and hardship quickly.

CODES

1	AGREE STRONGLY	Section HD
2	AGREE SOMEWHAT	Section HD
3	DISAGREE SOMEWHAT	Section HD
4	DISAGREE STRONGLY	Section HD
	REFUSED	Section HD
	DON'T KNOW	Section HD

PROGRAMMER INSTRUCTIONS:

Array the responses and variable text columns in the panel.
Display 'variable text' in the a-g sequence until all rows have been displayed.
